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## Issue 3, Term 2- 19th May 2023

### From The Principals

Dear parents and students of Saint Charbel's College,

We are fast approaching the half-way point of term 2, 2023. For parents and students, this time is of utmost importance as it brings to mind half yearly exams, assessments and semester one reports. This is a time to be aware always of the here and the now, to focus on what the current time brings. As the saying goes: 'There is no time like the present'. Christ gives us this present time as a gift, an opportunity to grow, to prove ourselves and to achieve. We encourage all parents to help their children to seize this present time to work towards achieving their personal best.

Yesterday we celebrated the feast of the Ascension of our Lord, when our Lord ascended body and soul to heaven forty days after his resurrection from the dead. By his ascension, Jesus goes to prepare a place for us, so that we may be with him also in eternal life. Jesus has set aside a room in heaven for each and everyone of us, with our names written on the door. It's up to us to accept this invitation to take our place. This happens now, in this lifetime, through our devotion, our decisions and our principles.

At Saint Charbel's College, we take pride in our principles. We take pride in our values and aspire to be what God has called us to be, because that is always what's best for us. This month, our community has paid tribute to our mothers

in different ways. The month of May is dedicated to the Virgin Mary, the Mother of God. Mary is the sign and model of motherhood and of all Christian vocation. In venerating her, the students of Saint Charbel's College have been praying the rosary at lunchtime, and at midday everyday the entire college takes two minutes to pray the angelus prayer.

Moreover, the college with the Parents and Friends committee held a Mother's Day Mass and morning tea on Friday the 12<sup>th</sup> of May. Mass was celebrated for the primary students followed by a morning tea and raffle prepared by the Parents and Friends committee. We take this opportunity to thank the committee for their time and sacrifice in paying tribute to our mothers, and for their constant readiness to add a motherly touch to our school's activities. Mother's Day and the month of May remind us of the value of mothers in our society. In Arabic we say 'eldeni em', and so without mothers, we would be lost. We thank all of the mothers of Saint Charbel's College for being there for their children, and we ask that God may bless and protect them and their families.

With different events taking place in this term, including the staff spirituality day, the athletics carnivals, camps, and of course exams and assessments, it is easy to lose track of time and to feel overwhelmed. Make sure to use time wisely and efficiently. In the Old Testament we read: that God "has appointed a time for every matter, and for every work" (Eccl. 3:17). Therefore, let us seize the moment, but also to take time to rest and reflect so that we can see the hand of God in our daily lives. Through the intercession of the Virgin Mary, Mother of God, and of Saint Charbel our patron, may God bless you with his graces and protect you with his mighty hand.



### From Assistant Principal Primary

Term 2 has had a busy start for both staff and students. As always, there are many exciting events happening at our school, and I would like to take this opportunity to update you on some of them.

On April 26 the primary school held a very moving ANZAC Day assembly. Our students demonstrated great respect and understanding as they learned about the sacrifices made by our service men and women of our country. It was a wonderful opportunity for our school community to come together and reflect on the importance of this National Day of Remembrance. We are privileged to live in a country away from violence and hostility.

We celebrated our annual Mother's Day Mass and morning tea on Friday 12 May 2023. We are thrilled to be able to celebrate the important role of mothers and mother figures in our students' lives. Our students worked hard to prepare special gifts or cards for the event. It was so nice to see so many mothers and grandmothers join us for this occasion. I would also like to take this opportunity to thank our wonderful P & F for organising the morning tea and the Mother's Day stall, which allowed our students to purchase a small gift for their mothers and grandmothers. We look forward to welcoming families to our school to share in more wonderful

occasions like this one.

I would like to remind all families of the importance of **regular attendance** at school and attending school on time. Consistent attendance is essential for our students to make the most of their learning opportunities. Lack of attendance means that you child will miss out on maximising their learning opportunities and the time they spend socialising with their peers.

If your child is unwell, please ensure that they stay home and seek medical attention, if necessary. If your child needs to miss school for any other reason, please let us know as soon as possible so that we can support them in their learning. Upon their return to school students must have a note or an explanation from a parent or guardian to explain their absence. As a school we are required to monitor and follow-up unexplained student absences, non-attendance and lateness to ensure the safety and welfare of all our students.

As we edge closer to winter, it is important that students come to school dressed in warm clothing, especially in the mornings. Many students are turning up with no jumpers or jackets and in their short sleeve shirts. We also have many jackets and jumpers in lost property with no names on them, making it very hard to return belongings to your child. Please label all items with their name and class.

In other news, our staff have been working hard to implement the new curriculum in English and Mathematics. The students are enjoying the lessons and the changes to their literacy blocks. Kindergarten to Year 6 have intensive literacy block which covers the areas outlined in the diagrams below.



On Saturday our Year 3 students celebrated the Sacrament of the Holy Eucharist by receiving Christ for the first time. The Mass was celebrated by our College Principal, Rev Fr Anthony El-Azzi and the Monks of St Charbel's Parish. It was a beautiful and reverent ceremony that saw all the children actively participate in the Mass. Thank you to all the teachers for their hard work in preparing

the children for the sacrament and for preparing the Mass. A special thank you also goes to Br Eliah Abboud- Director of Mission K-12 and Mrs Emma Partridge- Primary Religious Education Coordinator for guiding the students and the teachers to ensure that our students were spiritually ready to receive Christ. I ask that you keep our Year 3 cohort in your prayers and pray that they continue to welcome Christ into their hearts, through the blessed Eucharist.

Thank you for your continued support of our school. As always, if you have any questions or concerns, please do not hesitate to contact me or one of our staff members.

Mrs. Jana Rizk  
Assistant Principal Primary



### Year 3 First Reconciliation

Congratulations to our Year 3 students who received their First Reconciliation on Friday, May 5. This was an important step in their spiritual journey as they experienced God's mercy in this way for the very first time. Thank you to our monks, Year 3 teachers and parents for supporting, guiding, and preparing the students for this soul-redeeming sacrament. We now ask the community to keep the Year 3 students in their prayers as they prepare to receive their First Holy Communion.

Ms Emma Partridge  
Primary Religious Education Coordinator



### Primary Athletics Carnival 2023

In the coming weeks all the primary students will be involved in their annual athletics carnivals, these carnivals will be a little different to how they have run in the past. All K-2 students will participate in a carnival at Roberts Park on Wednesday 31 May and all 3-6 students will have their carnival at The Crest Athletics track on Thursday 8 June. The events have been designed for the students so that they have maximum involvement and the opportunity for two different carnivals allows for the younger students to strive and succeed in their own environment. Parents are more than welcome to attend on both of these days and I suggest that for the K-2 carnival you bring yourself a fold up chair or picnic rug to make things a little more comfortable. During the K-2 carnival there will even be an opportunity for parents to participate in a few events with your son or daughter so make sure you wear your sports gear on the day. A few things to keep in mind, there will be no canteen facilities at either carnival so students will need to make sure they have plenty of food and drink for the day, they will need to be dressed in their sports uniform with their school hat and have plenty of sunscreen. Students will be allowed to be dismissed for the park or track on the day with a completed permission note, **but no student will be allowed to leave until the conclusion of each carnival.** Below is a copy of the program for the carnivals that may help you with the organisation of your day, please note that times are just a guide and may need to be changed on the day. A more detailed permission note will come home with the students soon and if you have any other questions please feel free to contact me through the office.

Matthew Ryan  
Primary Sports Coordinator

St Charbel's College K-2 Athletics Carnival  
Roberts Park

**CARNIVAL PROGRAM**

**CARNIVAL PROGRAM**

**Event No      Time      Event      Class**

1            9.00am      **DEPART COLLEGE FC**

**NOVELTY EVENTS**

2            10.00am      Sprint Races      Kindergarten  
Year :

**Rotation 1**

**Rotation 2**

3            10.45am      **RECESS**

Kindergarten - Red Area

Kindergarten - Bl

4            11.15am      Novelty Events      Kindergarten Area  
Rotation 1      Year :

Year 1 - Blue Area

Year 1 - Green Arc

Year 2 - Green Area

Year 2 - Red Area

5            11.45am      Novelty Events      Kindergarten Area  
Rotation 2      Year :

**RED AREA**

**BLUE AREA**

6            12.15pm      **LUNCH**

7            1.00pm      Novelty Events      Kindergarten Area  
Rotation 3      Year :

Target Throw

Javelin

Hurdles

3-Legged Race

8            1.30pm      Parent and Student R

Ball Waddle

Relays

9            2.00pm      **DEPART ROBERTS PA**

**St Charbel's College Primary Athletics  
Carnival  
The Crest Athletics Track**

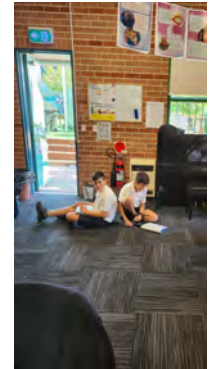
**CARNIVAL PROGRAM**

**From 6G**

6G enjoyed playing a game of battleships in Maths as a warm up activity to assist them in consolidating their multiplication facts.

**Event No**      **Time**      **Event**      **Age**

1      9.30am      100m Sprint      8,9



Yea

Novelty

Events

2      10.20am

Rotation 1

Yea

Leg

**Stage Three Excursion**

Last week our stage three students travelled to The Seymour Centre to see a theatre production of The Twits. The show had comedy with fantastic lighting in the production. We enjoyed our lunch at Victoria Park before the show where students enjoyed playing in the park and stretching their legs. Our students found The Twits entertaining.

Yea

Novelty

Events

3      10.45am

Rotation 2

Yea



4      11.10am

**RECESS**



5      11.30pm

200m Sprint

8,9

**Information For Parents**

All families with children in Catholic Schools are invited to join the Council of Catholic School parents in a literacy event with an acclaimed author and scientist.

6      12.30pm

Novelty

Yea

Events

Rotation 3

Yea

Author Corey Tutt will read from his new book, The First Scientists to parents and children. Parents are welcome to attend and hear tips about how reading at home can improve children's literacy skills.

Yea

Novelty

Leg

Events

7      12.55pm

8	1.20pm	LUNCH	
9	1.50pm	Relays	Cha
10	2.20pm	DEPART TRACK	

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Matthew Ryan  
**Primary Sports Coordinator**

**St Charbel's College K-2 Athletics Carnival  
 Roberts Park**

## CARNIVAL PROGRAM

<b>Event No</b>	<b>Time</b>	<b>Event</b>
1	9.00am	<b>DEPART CO</b>
2	10.00am	Sprint Race:
3	10.45am	<b>RECESS</b>
4	11.15am	Novelty Eve Rotation 1
5	11.45am	Novelty Eve Rotation 2
6	12.15pm	<b>LUNCH</b>
7	1.00pm	Novelty Eve Rotation 3
8	1.30pm	Parent and :
9	2.00pm	<b>DEPART RO</b>

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## CARNIVAL PROGRAM

### NOVELTY EVENTS

#### Rotation 1

Kindergarten - Red Area

Year 1 - Blue Area

Year 2 - Green Area

#### Rotatio

Kinderg

Year 1 -

Year 2 -

#### RED AREA

Target Throw

Hurdles

Ball Waddle

#### BLUE A

Javelin

3-Legg

Relays

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### St Charbel's College Primary Athletics Carnival The Crest Athletics Track

## CARNIVAL PROGRAM

Event No	Time	Event
1	9.30am	100m Sprint
2	10.20am	Novelty Even Rotation 1



3	10.45am	NOVELTY EVEN Rotation 2
4	11.10am	<b>RECESS</b>
5	11.30pm	200m Sprint
6	12.30pm	Novelty Even Rotation 3
7	12.55pm	Novelty Even Rotation 4
8	1.20pm	<b>LUNCH</b>
9	1.50pm	Relays
10	2.20pm	<b>DEPART TRA</b>



Corey Tutt will be reading at 6:30 pm on Tuesday 30 May.

Register the link below by 29 May to attend. If you are in the first hundred registrations, you'll receive a free copy of The First Scientists.

– Council of Catholic School Parents (schoolzineplus.com)



## Getting the Most out of Gaming Webinar

The Council of Catholic school Parents NSW/ACT, in conjunction with the eSafety Commissioner, is holding a 45 minute webinar on Tuesday 23 May to provide families with strategies for supporting children and young people to have safe, positive experiences when playing games online. It is designed for parents and carers of children aged 7 to 14.

It will cover:

- when gaming can be beneficial;
- strategies to promote better in-game experiences;
- how to keep children safe online – using safety and privacy settings in games and platforms;
- strategies to promote more balanced gaming and how to create smoother transitions from game-play to other activities; and
- the key online risks and where to find help for things like bullying and harassment in games.

For more information and to register, click [here](https://gotowebsinar.com) (Registration (gotowebsinar.com)).

### Year 7 STEM Challenge

This week in high school we held our first STEM

challenge and I am thrilled to report that it was a great success.

Two year 7 students had the opportunity to work together to design and build their own roller coaster with loops and curves. The challenge was to safely transport a marble from start to finish. It was incredible to see the creativity and ingenuity that the students demonstrated in their design. Their attention to detail and teamwork were truly impressive and I can't wait to see what they can accomplish in future STEM challenges.

Overall, this first STEM challenge was a fantastic opportunity for our students to develop critical thinking, problem solving and collaboration skills. I look forward to seeing more of our high school students take on these challenges in the future.

Christiane Serrano  
Head of Enrichment K-10



### Dr. Sarah Ayoub Returns to Her Roots – Creative Writing Incursions for Year 11 Advanced English and Year 12 Standard English

Entering Year 11 has been a difficult and challenging, yet enjoyable experience, as we enter a new chapter in our lives. We begin to understand the world around us differently, and learn the weight of ours, and the different perspectives in the world

that shape our experiences. Ironically, our module for Advanced English this term is *Narratives that Shape Our World*. Through analyzing and understanding different narratives that offer different perspectives, we are able to see the world in a different lens. Thanks to the English department, Advanced English students were taught how to insightfully write narratives that portray our perspectives and those around us, as Dr. Sarah Ayoub, a Lebanese–Australian author and journalist, had led a Writing Workshop, in which she instilled the tips of writing what we know, and writing about things that we need to reconcile about our own lives and our own worlds. She talked of her experiences of growing up as a Lebanese woman in Australia, and learning to find and accept her identity. She taught us the true meaning of being able to show, and not tell in our writing, and had provided us with opportunities to write our own short stories. With our newfound knowledge of writing narratives, we hope to be able to write narratives that shape others and share our perspectives with the world.

- Daniella Al–Akiki (11ENA1 English)



On Monday the 15<sup>th</sup> of May, Year 12 standard English students had the exciting opportunity to attend a creative writing class, held by Dr Sarah Ayoub, a published Australian author and former student of the College. As a contemporary author and university lecturer, Dr Sarah Ayoub was able to provide an engaging session for the students to further develop their knowledge and skills on Module C: The Craft of Writing. An array of helpful tips was provided on how to create interesting imaginative pieces. Sarah shared her own personal experiences of writing and the successful tactics she has developed over time.



### Australian Shakespeare Company HSC Module A: Textual Conversations Incursion

On Monday, actors from the Australian Shakespeare Company presented a workshop on HSC Advanced English Module A: Textual Conversations to our Advanced Year 12 English students. Students have been studying the textual conversation between the Renaissance history play, *Richard III* by William Shakespeare, and Al Pacino’s exploration of the text in his docudrama, *Looking for Richard*. Actors performed key scenes and invited students to participate. All students learned about directorial interpretation of scenes from the play and how changing contextual ideologies account for differences or similarities in the modern text. Students agreed that the workshop was beneficial in enhancing their understanding of the texts and module concerns.



*Rebecca Nohra, Georgette Alam, Eliane Taouk, Sarah Daoud, Myriam Harb and one of the Actors from the Company act out Act I, scene iii.*




*Joshua Tamer and Elize Kairouz act out Act I, scene ii.*

## From The Library


**Saint Charbel's College Library**  
TRADING - EDUCATION - COMMUNITY - LEARNING - GROWING  
 Teacher Librarians: Mrs Galimi & Mrs Jubb  
 Library Assistants: Mrs Yammouni, Mrs Wakim & Mrs Akkari

**Premier's Reading Challenge**  
 Ianna Wansa (5H) is the first student to complete the NSW Premier's Reading Challenge. Ianna loves reading and spends time sharing books with her friends during lunch. Well done Ianna!



**Overdue books**  
 Please return any overdue library books. Students enjoy borrowing and are disappointed if they have left their books at home. Please contact us if you have any questions.

**Happy Mother's Day!**  
 Students are wild about their mums, grandmothers, godmothers and aunts! They have been busy making something special for Mother's Day to show their love and appreciation. Year 1 loved reading 'Wild about mums' by Philip Bunting, learning about how animals care for their young.





## From The Wellbeing Team

Compassionate action is rooted in the understanding that we are all connected, and that the well-being of others is intimately tied to our own. By acting compassionately, we not only improve the lives of those around us, but we also strengthen our own sense of purpose and fulfillment.

Compassionate action refers to actions taken with the intention of reducing the suffering of others. This begins with ourselves. By resolving our own suffering, we are able to access and act from a space of inner fulfillment which creates a capacity to be present for others. Further, it involves a willingness to empathize with others, and to take steps to alleviate their pain or difficulties. Here's how to get started today:

1. Practice mindfulness and self-compassion as a tool to treat yourself and others more kindly.
2. Engage in your community, and learn new skills to help you build connections and make a positive impact on the world around you.
3. Embrace sustainability by promoting a more compassionate world for both current and future generations.
4. Reach out to friends who may be struggling with challenges and offer emotional support, encouragement or practical assistance.

By practicing empathy and compassion towards others, we not only help them to feel seen and heard, but we also build meaningful connections that can contribute to a sense of community and belonging.

## From The Careers Department

I would like to take this opportunity to welcome you back to a new school term. I hope you all have had a restful break.

Please feel free to contact me via the school office or email if there are any Careers related issues you would like to discuss.

### Careers in the Spotlight

#### How to become an Interior Designer

Interior Designers plan, design and coordinate the creation or renovation of spaces to live or work in, incorporating individual clients' tastes, as well as functional purpose, into their designs (and

budgets). They use elements of design, decoration, safety, traffic flow, building structure, building codes, ergonomics, spatial concepts, and psychology to complete a project.

Interior designers may be self-employed or work for design and architectural firms. The job often involves collaborating with architects, builders, cabinet makers and other tradespeople, engineers and design consultants. Fields of specialisation include commercial interior design, industrial design, environmentally-friendly and ergonomic design, as well as film set design and construction.

If you love decorating rooms and positioning furniture, and have a great eye for detail, colour and spatial arrangements, a career in interior design could be perfect for you.

#### **About you:**

- Excellent communication skills
- Creative and artistic
- Good at problem-solving and lateral thinking
- Works well independently and as part of a team
- Aptitude for technical drawing and illustration
- Spatial planning skills
- Project management skills
- Knowledge of industry standard design software

#### **The job:**

- Meeting with clients, architects and tradespeople to discuss the needs of the client
- Developing designs that meet the brief, are functional, appealing and appropriate for the space
- Incorporate building safety, planning, and other legal requirements
- Use design software to create models and visuals
- Prepare and administer tenders and contract documents
- Research and prepare plans, diagrams and sketches for interior constructions, materials, finishes, lighting and furnishing
- Select suppliers for materials and labour
- Estimate costs and submit quotes for client approval
- Inspect and supervise on-going work to ensure quality and safety standards, costs and deadlines are met
- Design exhibitions, commercial display stands or stage, film and television production sets

#### **How to become an Interior Designer in Australia**

A VET or university qualification

in applied design, interior design, interior architecture, or spatial design is the most common pathway.

Step 1 – Complete Year 12 with a focus on English, Maths, and Arts or Design.

Step 2 – Complete a relevant VET course to build on your skills and experience, such as:

- [Certificate III in Design Fundamentals](#)
- [Diploma of Interior Design](#)

There are also lots of short courses and workshops you can take.

Step 3 – Consider upskilling with an undergraduate level degree in design to consolidate your knowledge and make yourself more attractive to potential employers.

Step 4 – Start working as an Interior Designer, either freelance or as part of a design firm or business.

Step 5 – Once you have lots of experience, consider starting your own business.

Find out more here –

<https://www.design.org.au/>

<http://australiandesignalliance.com/>

#### **Frequently Asked Questions (FAQs)**

##### **What options are there for career progression?**

You might start out working for someone else as part of a business or firm, before moving on to work freelance. With enough experience you might even like to start up your own business.

##### **Do I need to go to university to become an Interior Designer?**

Not necessarily – VET qualifications can be suitable. However, you might be able to access a wider variety of opportunities if you have a university-level qualification.

##### **Where do Interior Designers work?**

Interior Designers usually work in offices and design firms. You might also get the chance to travel to clients' homes to inspect the area in person too.

##### **What are 3 things I can do right now to help me become an Interior Designer?**

If you're in high school and you'd like to find out if a career as an Interior Designer is right for you, here's a few things you could do right now:

1. Start taking short courses and workshops to build on your design skills. There are lots of free and even online courses you can take.
2. See if you can find work experience in design. This will help you see if you might enjoy the work, and can help you start building important contacts for the future.
3. Talk to an Interior Designer to see what a day in their life is like. If you don't know anyone, see if you can watch videos or documentaries about a career in design.

Happy Career Searching

Mrs Dianna Chedid  
Careers Coordinator

### Upcoming Events

#### Monday 22 May

- Big Science Competition- High School
- Year 12 Business studies and Food Technology Excursion

#### Tuesday 23 May

- SCS Cross Country- High School
- Year 8 Medieval Day incursion
- Year 11 Legal Studies excursion.

#### Wednesday 24 May

Year 10 English Excursion- Macbeth

#### Friday 26 May

- PUPIL FREE DAY

#### Monday 29 May

- Highschool Athletics Carnival

#### Tuesday 30 May

- Start exams for Year 7-10

#### Wednesday 31 May

- Second day of Exams Years 7-10
- K-2 Athletics Carnival

#### Thursday 1 June

- Third day of Exams Years 7-10

#### Friday 2 June

- Fourth day of Exams Years 7-10

#### Monday 5 June

- Last day of Exams Years 7-10

#### wednesday 7 June

- SCS Chess Competition

#### Thursday 8 June

- 3-6 Athletics Carnival
- Year 7 Camp- Stanwell tops overnight camp

#### Friday 9 June

- Year 7 returns from camp

#### Monday 12 June

- Public Holiday- Kings Birthday

#### Tuesday 13 June

- Stage 2- Maths Incursion

#### Wednesday 14 June

- Year 9 Shakespeare Incursion
- Fathers Talk with Fr Elie Yammine

#### Friday 23 June

- Blessed St Estephan Celebration
- Year 10 & 12 Careers Expo

- LAST DAY TERM 2