

142 Highclere Avenue
Punchbowl NSW 2196

Subscribe: <https://stcharbel.schoolzineplus.com/subscribe>

Email: info@stcharbel.nsw.edu.au

Phone: 02 9740 0999



Issue 13, Term 4 - 15 October 2021

From the College Principal



The College welcomes back our students, staff, parents and community to the final term of 2021.

Term 3 was a challenging term for all, having to navigate and sometimes muddle through the remote

learning classes for your children and yourselves, whilst trying to continue with your daily lives. On behalf of our staff, we thank you, appreciate and value the continual support that you have shown to the College.

The next phase for your children's safe return to face to face learning was provided to you earlier in the week. After careful consideration of the information gathered and together with the Leadership Team, a road map was determined as to what would be a safe return for our College. I am sure that this has not pleased everyone, however, I am hopeful that you will appreciate that this decision was not made lightly and was made in the best interest of our College community.

During this phase, until the whole school community has returned to face to face learning, the College will continue to operate with minimal staff on site. I trust that you will keep this mind when contacting the College.

I am encouraged by our students who have been preparing for their Holy Communion and pleased that the Holy Communion ceremony has been scheduled for Saturday December 4. Our Religious Education Department is currently working on a COVID safe plan that is compliant with the NSW Health guidelines for this event. We appreciate your understanding that restrictions and guidelines are evolving, and these will be communicated to you as they become present. More information regarding your child's First Reconciliation, Holy Communion gowns, number of guests per child, and other logistics will be communicated to you in the coming weeks.

Undoubtedly the class of 2021 has had challenges like no other. Out of challenges, come positives, it is my hope that this has made our students more resilient and adaptable young adults to be able to handle change, in this every changing world. Our staff have been preparing, and will continue to assist the students in their upcoming HSC exams, to which have been scheduled to commence Tuesday November 4. I continue to wish them well and ask that you keep them in your prayers for the Holy Spirit to guide them through the next chapter in their lives.

The College understands that during remote learning and being away from school, there may be a re-settling period into onsite school life. Parents, I encourage your children to follow and respect the rules of the College. These rules have been put in place in the best interest of our students and this will in turn avoid any disappointment for any disciplinary action taken. Our devoted teachers work very hard alongside our students to assist them where possible, we ask that this is a mutual commitment by teachers, students and parents.

As we continue the month of October - devoted to the Rosary, may Our Lady bless each and every one of you.

Rev Fr. Marounn Youssef
Principal

From the Director of Religious Education and Missions

We are very excited to announce that your child's First Holy Communion will now be held on **Saturday 4 December 2021!**



We intend to follow the ceremonial structure as previously communicated.

The order of ceremonies is as follows:

- **Ceremony 1: 10:00am-11:30am Students with surname A-J inclusive (Photographs at 9:30am)**
- **Ceremony 2: 12:30pm -2:00pm Students with surname K-Z inclusive (Photographs at 12:00pm)**

More information regarding your child's First Reconciliation, Holy Communion gowns, number of guests per child, and other logistics will be communicated in the coming weeks.

For any further queries please direct them to Mrs. Elia or myself.

St Charbel our patron, pray for us!

Mrs Joanne Mansour
Director of Religious Education and Missions

From the Director of Primary School

Welcome back to Term 4! The staff and I are looking forward to having the students back at school this term! The details have recently been finalised and communicated to parents. In planning the students' return, the College took on board the government's advice and applied it to the school's setting, with the health and safety of students and their families, and staff, paramount. The staff are currently busy fulfilling their remote learning commitments while planning for the school's re-opening. They are excited at the prospect of seeing their students and being able to teach them face-to-face again!

When the students return to school, they will be

able to wear their sports uniform. The school realises that many students may have outgrown their school uniform. As well, when K-2 students return they will have extra sports lessons in their first week of school. The staff appreciate that it will be difficult for the younger students to sit still and concentrate for a full day when they first return, so sports lessons will enable them to be out in the fresh air and get some exercise.

The school's uniform supplier, Saouma's School Wear, opened both its stores on Monday 11th October. Purchases can be made online, however, the stores opening means that parents will be able to have their children try on new uniforms before purchasing them.

Saouma's will be having a sale at the end of the year. Saouma's are very generous and will swap new purchases, if unworn, if your children have a growth spurt over the school holidays, so I encourage parents to take advantage of their sale.

A reminder that this year is the final year that the old school uniform can be worn and all students need to be in the new uniform for the start of next year. The College has allowed a two year transition to the new uniform. Moving forward, it will be important for the students to be seen as a cohesive group in one uniform from 2022.

The move to a new school uniform, along with children outgrowing their uniform, resulted in many of the old uniforms being donated to the school's second hand uniform shop. Saouma's sent many of the discontinued St. Charbel's school uniforms to Africa to clothe the poorest of poor children, so they could attend school in uniform. Charity workers in Africa helped distribute the uniforms to remote villages. It is a timely reminder that when times are difficult, there are always those less fortunate, and of the power of giving. A big thankyou to the President of the College's P & F, Claudia Chidiac, who helped facilitate the donations and to the families who donated their children's uniforms to the P & F!

Ms Maree Kelly
Director of Primary School





From the TAS Department

Welcome to term 4. At the end of last term students and parents were informed about the Creative Kids voucher, available through Service NSW, which could be used to purchase materials for Art and Technology classes. Technology and Art teachers have been busy preparing some materials for classes. The teachers have informed the relevant students and classes if Art or Technology materials await them at school to be picked up from the school office. These materials are to be used for the Art or Technology practical assessments for this term.

This term we prepare for the Annual Creative Arts / TAS exhibition and performances. An invitation to the exhibition will be made available to parents soon. At this point, it could be a virtual exhibition, which will give allow all to enjoy the wonderful work of students for a longer period and at any time.

Music students will be invited to send an audition video in order to be part of the music performance section of the exhibition.

Term 4 sees the completion of one set of HSC major projects and the beginning of a new group of year 12 students and a new endeavour of exploration and ideas for Major Projects. I look forward to sharing the major projects of the 2021 cohort soon.

Teachers continue to design lessons to engage students in the CA and TAS subjects during remote learning. Assessments and projects have been modified to suit the remote learning environment. One such project is year 10 Industrial Technology, instead of timber, they are designing and making cardboard furniture. Textiles students are using hand sewing techniques to make a masquerade mask and using Canva to present their inspiration and designs. Year 9 and 10 art students are making sculptures from air -drying clay. This has been a small snippet of the projects underway this term. I look forward to sharing the work of our students with you soon.

Please support and encourage your children to participate in all aspects of the CA TAS work during remote learning. It is a very rewarding to apply knowledge and skills in these subjects, skills which can be carried into many wonderful careers.

Operation Art Exhibition

Year 9 Textiles and Design students were entered into the Operation Arts exhibition, an initiative of the NSW Department of Education-The Arts Unit and The Children's hospital at Westmead. Operation Art is one of the many programs run by the Arts Unit which aims to foster engagement in the arts as it has a positive impact on academic achievement and student wellbeing through experiences of connectedness, curiosity, expression and independent learning.

If you have ever visited The Children's Hospital at Westmead you may have seen beautiful, uplifting artworks that make people happy, hanging on the walls in the hospital or in the rooms of specialist doctors and clinics. The chance to make people happy is one of the reasons year 9 Textiles wanted to be part of this great exhibition.

Year 9 created Textile artworks or wall hangings designed around a happy journey theme. Three were entered into the exhibition.

It gives me great pleasure to congratulate Lisa Ters of yr 9 textiles, her work was selected as part of the touring 50 artworks.

The award selections for the 2021 Operation Art Exhibition have been selected by a panel of judges including representatives from The Children's Hospital at Westmead, The Art Gallery of NSW, The Office of the Children's Guardian and the NSW Department of Education.

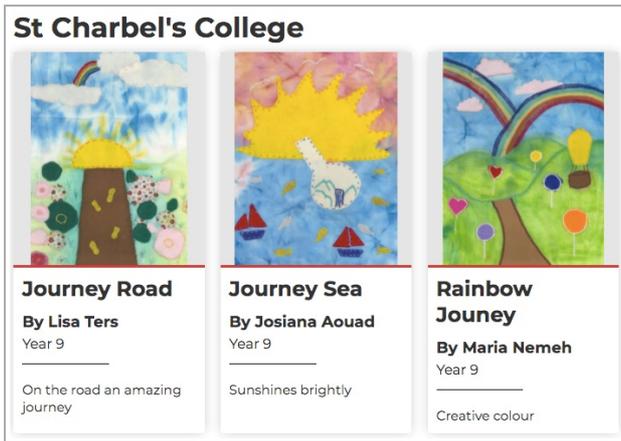
- **Touring 50:** Artworks exhibited at the Art Gallery of NSW and selected regional galleries. After the tour, the artworks become part of the Children's Hospital at Westmead's permanent collection.

Families are invited to view the virtual exhibition, which would usually be hosted by the Armoury at Sydney Olympic Park, via the following link or searching Operation art Exhibition. Please click on the school and student name to view each artwork.

<https://artsunit.nsw.edu.au/article/2021/10/05/operation-art-2021-exhibition-award-selections>

Mrs Maryrose Maatouk
Head of TAS Department

□



From the Wellbeing Department

From the Library



□

Careers News

Please navigate through the College's webpage to explore Career options with your children. Please

feel free to contact me via the school office or email if there are any Careers related issues you would like to discuss.

How to become a Mechanic

Repair vehicles to keep us moving

What do Mechanics do?

Mechanics use their skills and tools to repair and maintain vehicle engines and other related mechanical components. They can specialise to work on a variety of different vehicles, including cars, motorbikes, trucks, boats, and farm machinery.

If you like working with your hands, are analytical and a great problem-solver, and want a job that will keep you on your feet, you might want to consider becoming a Mechanic.

The job:

- Detecting and diagnosing problems and faults
- Repairing and replacing missing or broken parts
- Disassembling and reassembling complex parts, such as engines, transmissions, steering mechanisms, and more
- Performing routine maintenance on vehicles
- Communicating to clients about issues, costs and solutions
- Testing parts to make sure they work correctly
- Working with a variety of tools and machinery

How to become a Mechanic in Australia?

To work as a Mechanic, you will need to complete a relevant VET qualification. These are usually done as apprenticeships, giving you the opportunity to gain valuable experience while you learn.

Step 1 – Complete Year 10 at the least, focusing on Maths and Sciences.

Step 2 – See if you can get work experience as a mechanic or working with machines.

Step 3 – Completing a relevant VET-level qualification, depending on the particular field you'd like to work in. Some options include:

- Certificate III in Heavy Commercial Vehicle Mechanical Technology
- Certificate III in Light Vehicle Mechanical Technology
- Certificate III in Marine Mechanical Technology
- Certificate III in Motorcycle Mechanical Technology

- Certificate III in Agricultural Mechanical Technology

Most of these qualifications can be undertaken as an apprenticeship, so you can earn while you learn.

Step 4 – Make sure you have all the relevant licensing and other requirements necessary to start working.

Step 5 – Consider starting up your own business and employing other apprentices and workers.

Frequently Asked Questions (FAQs)

What do Mechanics do?

Mechanics repair and maintain a variety of vehicles by detecting any faults and replacing or repairing defective parts or components. They may also perform other routine maintenance work on vehicles.

Which industries employ Mechanics?

Most Mechanics work in the trades and transport industries.

What options are there for career progression?

You can start out as an apprentice, and once you graduate work as a fully qualified Mechanic. Once you have lots of experience, you could consider starting up your own business or working freelance.

Do I need to go to university to become a Mechanic?

No. To become a Mechanic you only need to complete a relevant VET-level qualification.

Where do Mechanics work?

Mechanics are employed all across Australia. Most of your work will be done in garages and workshops, though on some occasions you may also have to travel to a specific site to repair broken down vehicles that can't be moved.

What are 3 things I can do right now to help me become a Mechanic?

If you're in high school and you'd like to find out if a career as a Mechanic is right for you, here's a few things you could do right now:

1. Start tinkering with broken objects around the home and see if you can repair them. Ask friends and family if they have anything they might like you to try and fix.

3. Try and get work experience as a Mechanic. This is a great way to start building your skills and can help you decide whether or not it's the right career choice for you.
4. Consider taking short courses and workshops to build on your skills and knowledge, or talk to a Mechanic and find out what the job is like.

Happy Careers Searching.

Mrs Diana Chedid
Careers Coordinator

School Uniform Information

Due to current Covid-19 restrictions, Saouma's School Uniform and Fashion Wear would like to advise that you are now able to purchase your child's 2022 school uniform.

To avoid disappointment and lengthy queues, it is suggested that you make your purchases as soon as possible.

Saouma's School Uniform and Fashion Wear would like to advise that they are a Covid safe business, with QR codes check in and social distancing measures are in place.

You may also make you purchases via their online store or visit one of their stores.

Please note of the upcoming sale dates are **25th November 2021 till the 11th December 2021 for both primary and high school.**

Belfield - 9642 6130 OR Punchbowl - 9750 3276

COVID-19:

Access the following link for the latest information on the COVID-19 situation in NSW:

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/case-definition.aspx>

Coronavirus (COVID-19)

COVID-19 Testing

Who should get tested?

Anyone with cold or flu-like symptoms, even if very mild, should get a COVID-19 test as soon as possible. COVID-19 symptoms include:

- fever e.g. chills, night sweats
- respiratory symptoms such as cough, sore/scratchy throat, runny nose, shortness of breath, loss of smell or taste
- other symptoms including muscle and joint pain, diarrhoea, nausea/ vomiting and loss of appetite.

What to expect when you get tested?

- Testing is free, easy and quick.
- If you have been referred to a testing clinic, please take your referral with you. This is not needed for most clinics.
- Staff at testing and respiratory clinics will be wearing masks, gowns, gloves and face shields.
- Staff will ask you about your symptoms
- Swabs are taken from inside your nose and your throat.

What happens after I get tested?

- You must stay at home (self-isolate) until you get your test result and are well.
- You cannot leave your home unless you are seeking medical care or in an emergency. You cannot have visitors.
- If your symptoms become serious (e.g. difficulty breathing), call Triple Zero (000). Tell the ambulance staff you have been tested for COVID-19.
- If you are sharing your home with others you should separate yourself in another room. Wear a surgical mask when you are in the same room and keep 1.5 metres away.

- Practice good hygiene. Wash your hands often. Cover your cough or sneeze with your elbow or a tissue.

Where can I get more information about self-isolating?

<https://www.health.nsw.gov.au/infectious/covid-19/Pages/resources.aspx>

- If you have been in close contact with a person with COVID-19, you need to stay home for 14 days after you last saw that person. (Close contact includes living in the same household or spending more than 15 minutes face-to-face or 2 hours sharing a closed space, with someone with COVID-19, from 48 hours before they became ill).
- Home isolation applies to all close contacts, even if you are currently feeling well and/or have received a negative test result.

How will I get my results?

- You will usually receive your test result within 24 to 48 hours but please allow up to 72 hours.
- If you had your test done at an Emergency Department or public hospital COVID-19 clinic you can receive your COVID-19 negative test result by SMS if you register for Pathology COVID-19 SMS Results Service. If you don't register you will receive a call from a Public Health officer at your Local Health District.
- If you had your test collected by your GP or at other sites, your doctor will give you your results.

What happens if I test positive?

- NSW Health will look after you. There will be no cost for your treatment, even if you don't have Medicare.



Hygiene advice for people living in residential buildings

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days.

This may vary based on the temperature, humidity and type of surface.

Residents and common areas

People living in residential buildings should take care when moving through common areas to reduce the risk of COVID-19:

- Clean your hands with soap and water for 20 seconds or use an alcohol-based hand rub/sanitiser after touching any frequently touched surfaces in common areas. This includes doorknobs or door handles when you enter and exit the building or when using communal washing machines or dryers
- Cover your nose and mouth with a tissue when coughing and sneezing or use your elbow, not your hands
- Avoid close contact with people unwell with cold or flu-like symptoms
- Avoid touching your face and avoid shaking hands with others
- Try to maintain a distance of 1.5 metres from others as much as possible in your apartment block, such as in elevators, stairwells or hallways
- Do not gather in large groups in common areas such as rooftops or courtyards.

Cleaning guidance for NSW strata managers and body corporates

- Regularly clean frequently touched surfaces in common areas with a detergent followed by disinfectant, or use detergent/disinfectant wipes
- Consider providing adequate alcohol-based hand rub (sanitiser) for residents to use.



More information:
www.nsw.gov.au/covid-19

GOOD HYGIENE IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

For more information about **Coronavirus (COVID-19)** visit health.gov.au

HELP STOP THE SPREAD AND STAY HEALTHY



Authorised by the Australian Government, Canberra

Cleaning surfaces at home to help stop the spread of COVID-19

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

How to clean

Frequently touched surfaces	Less touched surfaces
<ul style="list-style-type: none">• doorknobs• handles• light switches• phones• tablets• touch screens• tables• hard-backed chairs	<ul style="list-style-type: none">• remote controls• keyboards• desks• toilets• sinks/basins• car steering wheel• car seats
<ul style="list-style-type: none">• floors• walls• ceilings• window blinds• curtains	

Regularly clean with a household detergent followed by disinfectant, or use detergent/disinfectant wipes (scrub hard).

Clean using a household detergent or detergent wipes. Use a damp mop on hard floors. Clean walls and window blinds when visibly dusty or soiled. Curtains should be changed regularly and cleaned when soiled.

Detergent or disinfectant?

Detergents help remove germs, dirt, and impurities from surfaces but they do not kill germs. Disinfectants kill viruses and bacteria but don't remove them from a surface. Using a detergent then a disinfectant helps lower the risk of spreading infection.

If you have been outside

If you have to leave home, when you return:

- wash your hands as soon as you enter and after putting groceries or other items away. Wash your hands before you eat
- if you would feel better to do so, remove your shoes and clothing if you have been on public transport or in spaces where you weren't able to keep 1.5 metres from others
- wipe down your phone
- keep your keys in one place.



More information:
www.nsw.gov.au/covid-19