

MESSAGE

FROM THE PRINCIPAL

Issue 2 Term 1, March 2020



On Monday 24 February, the students and families of St Charbel's College attended a liturgy to commence the season of Lent, to recall our beginnings and reflect on what we anticipate to achieve during Lent.

Ash Monday is the commencement of Lent. It is a time when we focus on our relationship with God and slow down to reflect on our lives and our personal values.

On this day we need to emphasise less on fasting and more on penance involving good deeds and prayer. We all need to encourage our children and ourselves to assist others, say a kind word or do a good deed during Lent like the Good Samaritan. Lent is an opportunity for everyone as parents, students and teachers to examine ourselves if we are faithful to the vocation that we are called for and to put every power that we have to reach our goals whether it is educational, pastoral or spiritual.

I would like to particularly thank the parents that attended the parent information evenings organised. The attendance of a parent demonstrates qualities of a true role model which is very important to your children. I am looking forward to meeting you more throughout the school year, listening to your concerns and suggestions and working together, hand by hand to build a professional relationship that will enhance your children results and our staff performance.

I sincerely ask you to extend this quality in areas such as praying with your child daily, attending mass regularly on Sunday and special feast days, and demonstrating the values of being a true Christian in our everyday daily lives, particularly during this Lenten season. This will not be enough if it is not extended to the practical side of our lives. It is not wrong to change strategies and directions sometimes. The new generations are looking for something empirical or sensible. Let us as parents consider this requirement and show through our lifestyle, at home, our Christian values and teach our kids so they will grateful that they born in a Christian family and environment.

Our joy and hope are in the Lord who created us on His image and gave us the authority to rule the world and its creations. At the beginning of this great season, let us turn back to God thanking Him for His great love to us and call Him to dwell within us so our life will flourish with His great gentleness.

Rev Fr Maroun Youssef



Director of Primary

Two grades went on an excursion this week: Year 3 to the Schoolhouse Museum and Year 6 to Reverse Garbage. Staff put a lot of thought into the excursions that they book for their students, ensuring they are educational and reflect the values of the school. Both these excursions have been very beneficial for the students.

The school has been implementing a Positive Education approach, emphasising what students should be doing, and resolving issues through restorative justice rather than only using punitive measures if children misbehave. Each week the school focuses on a rule that children should follow. So far, the students have focused on following teacher instructions, using good manners, lining up quietly, entering classrooms quietly and tidying their workspace. Staff look forward to seeing the students become more responsible as a result of introducing these measures.

It's important that students arrive at school before the 8.25am bell. Many students are joining their class lines after the bell every day, which means they are missing the opportunity to settle into the school day and socialise before school. Chronic late students are also missing vital instructions given by their teacher, so please ensure your children are at school between 8.00am and 8.25am.

A reminder that school policy is that parents leave the playground after dropping their children at school in the morning. This helps with identifying stranger danger and helps children become self-assured and independent.

Ms Maree Kelly



Primary Arabic Coordinator

أول يوم من زمن الصّوم، أخذنا أول زوادة من الأب الرئيس الأب شربل عبود والذي هو: "ليس بالخبز وحده يحيا الإنسان"



كل يوم أربعاء خلال فترة الصوم، نبدأ النهار بتكرييم أمنا مريم العذراء على أنغام ترتيلة "يا أم الله يا حنونة"

تسير الدروس العربية في كل الصفوف الإبتدائية بشكل منتظم ومشوق. تتضمن الدروس مواضيع مختلفة. وفي كل حصة، تشدد معلمات اللغة العربية على المحادثة. الرجاء منكم تشجيع ولدكم على استعمال اللغة العربية في حياتكم اليومية والحديث عمّا تعلمه خلال النّهار في المدرسة للمساعدة على التقدم وإعطاء نتائج أفضل خلال السنة.



Mrs Nada Kazzi

Year 7 Spirituality Day

The Year 7 Spirituality Day was an exciting and inspiring experience for myself and my peers. From the beginning we were blessed with glorious weather, a friendly bus driver and strong leaders. We arrived and you can feel the spiritual aroma in the mountain top of Appin's beautiful structure and statues. We divided into groups with different teachers to explore more deeply our relationship with Jesus.

We reflected upon a few bible passages to teach us to believe without seeing, unlike the apostle Saint Thomas. We analysed the Creed to help us appreciate the foundation of our faith.

We concluded with the Holy Mass, the most hope-filled way to end our day, coupled with an influential homily and reconciliation. We are grateful for encountering God's presence. Thank you to all our teachers who joined us for the gift of our Spirituality day.

Michael Chalhoub - Year 7 student



Acting Careers Coordinator

This term, Year 10 are preparing for their Work Experience Program which will be held from the 15th of June -19th of June 2020. In preparation, the cohort attended their first module on the Introduction to Work Experience by Mrs Panteli and were given their first Work Experience booklet to complete in homeroom over the next few weeks.

This term, an emphasis will be placed on:

1. Preparation for the Workplace environment
2. Work Health and Safety (Work Health and Safety Act 2011)
3. Appearance and Grooming
4. Communication in the Workplace environment
5. Laws and the Workplace environment

This experience is designed to enable students to learn about a career that may be of interest to them before picking their senior subjects. It is possible that students will finish their work experience week feeling positive about a future career path or on the other hand, rule out a career that may not suit them. Nevertheless, the process is vital as it enables students to get a feel for what the real workplace is like, ask questions, build confidence in interacting with adults and refine their options.

White Card training will also be available at St Charbel's College this term as there are a number of students that will undertake Work Experience in the Construction Industry. Training will be delivered on the school premises and at an additional cost.

This is a great first opportunity for the students at St Charbel's College to be introduced to the world of work and to be guided in this process by the Career's Coordinator.

Mrs Andrea Panteli

Year 6 Work

In CAPA, Year 6 has been exploring Indigenous Art works as a way to deepen their understanding of the culture and traditions of the Traditional Landowners.



Music Notice

ST CHARBEL'S COLLEGE VOCAL ENSEMBLE

The College offers extracurricular musical activities to secondary students in the form of the St Charbel's College Vocal Ensemble (choir – popular music focus) and Music Group (choir & band students – liturgical music focus).

The Vocal Ensemble/Music Group is open to all vocalists and musicians from Years 7-12. The vocal ensemble performs at various school and community events throughout the year including Bankstown City Council Lighting of the Christmas tree, Nursing Home performance at Maronite Care, Academic Awards night, assemblies and masses.

The Music Group (Liturgy focus) rehearses on Monday afternoons from 3.15 p.m. to 4.00 p.m. in S103. Singers and instrumentalists are encouraged to attend this practice. Vocal ensemble (popular music focus) rehearses before school on Thursday mornings from 8 a.m. – 8.25 a.m. in S103.

The College Vocal Ensemble provides vocal coaching to the most talented teen singers of St Charbel's College. Individual development is promoted in an enjoyable environment with an emphasis on control and development of the voice while exploring the beauty, flexibility and expressive power of young voice teen. The College Vocal Ensemble often leads the community at college masses along with the primary school choir. They perform as a solo group at local community events and receive many opportunities to perform solos (if they wish) throughout the year. These singers collaborate with the choir director to choose songs that match their interests and vocal capabilities.

Auditions for Vocal Ensemble will take place during week 3 at lunchtimes in the music rooms. Students interested in auditioning for vocal ensemble can meet Mrs Jackson at lunchtime in the music rooms.

Mrs Therese Jackson



Advanced English Incursion

Last week, our Year 12 Advanced English students engaged in a workshop with the Australian Shakespeare company which provided them with a practical learning experience for our unit of study. Thank you to Mrs Fletcher for organising this wonderful opportunity. We received such positive feedback from the company about our students and they said our school was one of the best they've been to! Our students made us very proud.

Natalie Sukkarieh, one of our year 12 students, had this to share about the experience: "Yesterday on the 25th of February, the Australian Shakespeare Company visited the college to give a presentation to the year 12 Advanced English students about Shakespeare's Richard III. As our classes were merged together, we were able to experience a valuable first-hand performance of the play by the talented actors. The experience was highly educational and tremendously enjoyable as we were able to participate in learning about the play and key aspects that would help us in future studies. Thank you to our English teachers that organised the amazing incursion and to the actors from the Australian Shakespeare Company that created a wonderful environment for us to learn."

Miss Nancy Loulach



Year 3 Excursion

As part of the Year 3 History unit this term, students visited the NSW Schoolhouse Museum of Public Education. Here are some of their reflections of the day.

Mrs Diane Sammour



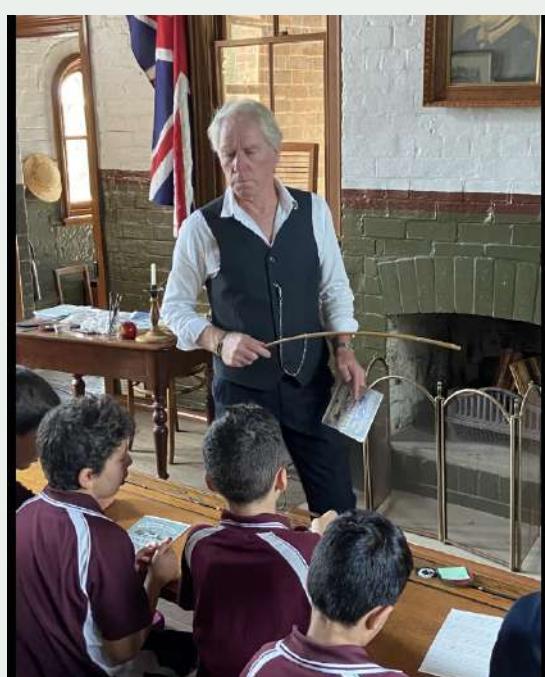
"I enjoyed the outdoor activities especially the wand activity." Jad 3G



"We made bracelets out of cotton thread and it was good to see that we can be creative without using technology." Celina 3G



"Maypole dancing was fun but weird because you had to hold a girl's hand." Lucas 3M

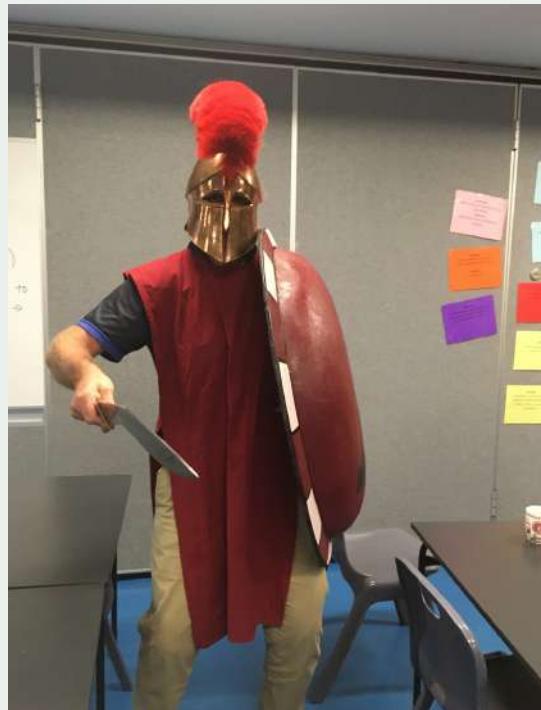


Year 11 Ancient History

Incursion

The Year 11 Ancient History students enjoyed learning about life as a Spartan hoplite in the 5th century BC.

Mr John Mckelleher





Resilient kids

It's important for your child to learn the personal and social skills that will help them to become more resilient and cope with problems and difficult situations that may come their way.



Let your child make mistakes

By having to overcome normal challenges for their age and understanding that no one is perfect, your child will learn how to bounce back and be more resourceful.

By over-protecting your child and doing things for them, you deny your child important opportunities for developing resilience.

Don't fight your child's battles

Sorting out conflicts with friends and peers are important skills for healthy social relationships.

Encourage your child to talk about things that are bothering them

Learning to seek help when a problem can't be solved is an important lifelong skill.

Let your child know that unhappy or difficult times are a normal part of life and don't usually last for long.

Encourage your child to re-phrase unhelpful comments

Teach your child to turn words such as – *I'm stupid or She hates me* into more helpful and optimistic comments – *I made a mistake, everyone makes mistakes or She doesn't hate me she just feels like playing with someone else today.*

Taking responsibility

Encourage your child to take responsibility for the things they have or haven't done that may have contributed to an unhappy situation or setback.

Help your child to understand the role that 'bad luck' and the role that others may have played when they are faced with an unhappy situation or setback.

Be a positive role model for your child

- Talk your problems through with others and look for different solutions.
- Use optimistic thinking and say things out loud, such as – *Things will get better soon.*
- Talk about how you may have managed strong emotions in a calm way.
- Talk about your goals and how you hope to achieve them.
- Show appreciation to others for their friendship.

Thank you for playing a vital role in your child's resilience and wellbeing education.

Library News

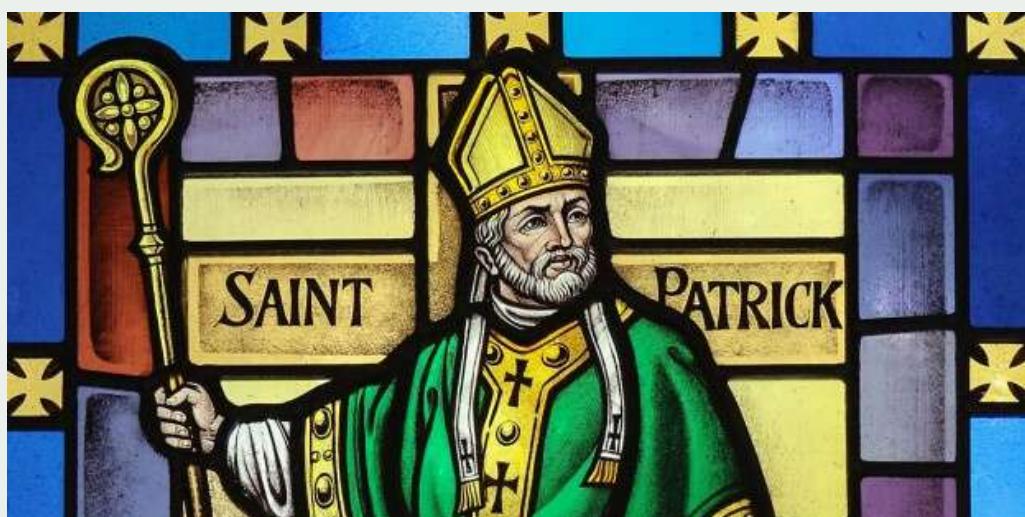
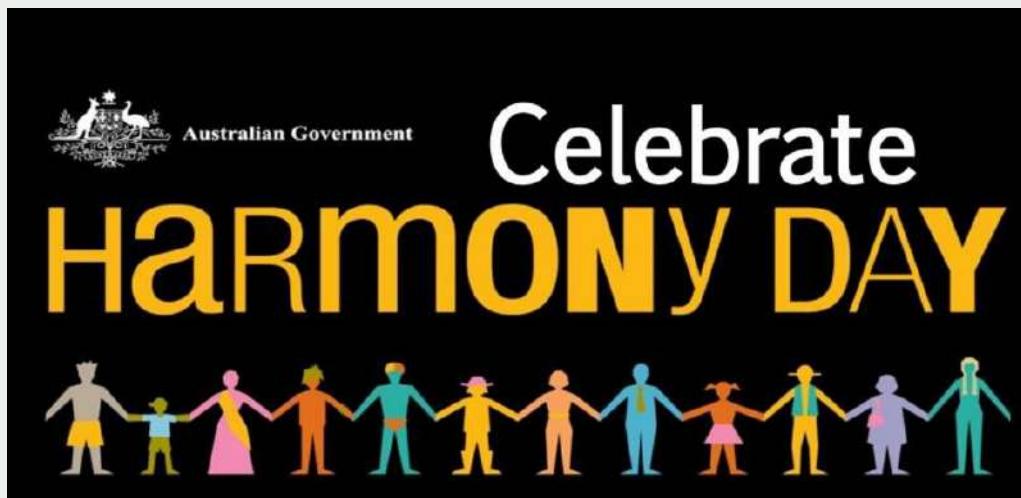
March is a very busy month in the Library. We celebrate the Feast Days of Saint Joseph, Saint Rafqa and Saint Patrick. We also celebrate Harmony Day this month and the message that we all belong together in God's wonderful family.

Your child may come home this month with a beautiful picture that they have created in the library. We encourage our students to create their own drawings and to use their imagination. Drawing plays an important role in the cognitive development of children and builds creative thinking skills. We always have our student's work on display in the library. This is our way of showing that we value what they make and create.

Reminders:

- Primary students need to bring a library bag with them for borrowing. This helps to keep our books in good condition.
- High School students please bring your student card with you when you come to borrow.
- Please look at home to see if you have any library or book hire books from previous years and return them to the library. Our books contain a College barcode and stamp.

Mrs Simone Cullinan & Mrs Christine Golz



2020 Important Dates

2020 Term Dates:

Term 1 Last Day 8 April 2020

Term 2 dates: 27 April until 26 June 2020

Term 3 dates: 20 July until 25 September 2020

Term 4 dates: 12 October until 8 December 2020

Term 1 Important Dates:

Friday 13 March: Years 7-12 SRC Leadership Day

Monday 16 March: Year 7 Immunisation Visit 1

Monday 16 March - Friday 27 March: Healthy Harold

Thursday 19 March: Feast of St Joseph

Friday 20 March: Year 9 Spirituality Day

Monday 23 March: Feast of St Rafka

Wednesday 25 March: 2020 Maths Olympiad Testing

Learn Music on Keyboard at School Enrolment for Term I

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Cool music knowledge!*



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- Instrument not required initially

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Educational Benefits:

- Improves concentration and focus
- Develops logical thinking and problem solving skills
- Enhances memory
- Encourages creative and lateral thinking
- Promotes discipline
- Accelerates emotional development
- Expands visualisation and spatial awareness
- Demonstrates actions and consequences
- Rewards correct decision making
- Increases self-confidence
- Provides opportunities to make new friends from diverse backgrounds

St Charbel's College (Punchbowl) Chess Classes, 2020

Fridays 1:25PM - 2:05PM in Mrs Leas room

Term 1	Cost: \$90	7th Feb - 3rd Apr
Term 2	Cost: \$90	1st May - 26th Jun
Term 3	Cost: \$100	24th Jul - 25th Sep
Term 4	Cost: \$80	16th Oct - 4th Dec

To enrol please pay online with your credit card at
www.sydneyacademyofchess.com.au/payment

Enter the code **K4RH8E275T** and fill in the electronic form, with your child's details.

**Fees are due on the first day of term. A late fee of \$10 will be applied if payment is not received within 4 weeks of the start of the term. No refunds or credits for missed lessons during the term and trial lessons must be paid for. For pro-rata fees (ie. starting part way during the term) please contact Sydney Academy of Chess on 9745 1170.*

OPTIONAL EXTRAS (prices include delivery)

To enhance your child's learning experience these items are available for purchase online at the time of enrolment

Workbook 1 – Cost: \$31 [For Beginner/Rookie Players]	Workbook 2 – Cost: \$31 [For Intermediate Players]	Workbook 1 & 2 – Cost: \$46 [SPECIAL OFFER]
Exploration in Chess Beauty – Cost: \$42 [For Advanced Players]	Chess Set & Roll-up Board – Cost: \$34 [Recommended for All Ages]	Chess Clock – Cost: \$77 [Recommended for All Ages]

Pay for four terms in advance and receive a free chess set or workbook 2 valued at up to \$34. Offer expires 31st March, 2020.



SYDNEY
ACADEMY OF CHESS

Sydney Academy of Chess Pty Ltd

ABN: 14 139 982 004

Level 1, 30A George Street Burwood, NSW

PO Box 1325, Burwood, NSW 1805

P: 9745 1170 F: 9745 1178 E: enrolment@sydneyacademyofchess.com.au

Important Reminders

REMINDERS

- Students must arrive to school no later than 8:25am
- Students are not to leave school before 3:10pm. Early leave must be with permission granted by Year or Stage Coordinators. Exceptional circumstances require a note from parents.
- Ensure correct uniforms are worn
- Boys to have regulation haircuts
- No coloured bands to be worn around necks or on wrists
- Years 3-12 students to have their diaries signed when required
- Parents to make appointments to speak to teachers or the Principal.
- Playground supervision starts 8am and ends 3:30pm.

P&F Uniform Shop Opening Hours:

Mondays 2:00pm-3:00pm
Fridays: 8:30am - 9:30am

**SALE: ALL OLD Primary School Uniforms
Reduced to Clear**