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Issue 9, Term 3, September 2020

Principal's Message

Dear Parents and Guardians,

Spring is here and so are warmer days ahead. As nature recaptures its colours and warmth, we give thanks to the Lord for His creation and for giving us the gift of wisdom to enjoy the beauty around us.

It is unfortunate though that expected brighter days have been tarnished the by misbehaviour of some of our students. A communication was sent to parents addressing the concerns of the College last week. We strongly recommend that you take the time to read this correspondence and again it is included in today's newsletter. Please note that school is a place of learning and for our students to feel happy and safe.

Our qualified teachers are wonderful in their work and what they do with our students on a daily basis. In order for our College to remain positive, it requires a mutually respectful relationship between yourselves and the College. Unfortunately, actions of not adhering to the College policies may result in your child's suspension or termination of their enrolment at our College. It is imperative that we all work together for the best interest of our children.

You have entrusted your children to St Charbel, and we will endeavour to proceed with the ethos of the College and our beloved Saint. Again, we kindly ask that you lead by example in a Christian manner to your children.

I am overwhelmed with the generosity our Community has shown over the past weeks. Our teachers and students have planned numerous fun fundraising events to assist our families and friends through this devastating time in our homeland. To date our College has raised \$7910.

Thank you to the members of the College P & F Committee, all families would have received an envelope, with the older sibling. Our College is fortunate to have a supporting and active P & F Committee and with the generosity of our community, the P & F Committee have been able to arrange a raffle, with all of the proceeds going to help our families and friends in Lebanon. Please be sure to return the money and any remaining tickets by Friday 18 September.

This coming weekend we will celebrate Father's Day, I pray that this day will be enjoyed and cherished by all and we remember dearly all our Fathers for all their tireless support to their children and families. May we always pray that our fathers will be an example of St Joseph, foster father of our Lord Jesus.

During the month of September, we will celebrate the feast of the Nativity of the Virgin Mary (Sep 8) and the feast of the Exaltation of the Holy Cross (Sep 14). We are reminded that the Cross is the sign of our salvation with which our Saviour triumphed over the sin of the world. And we earnestly look up to the Blessed Mary ever Virgin, who accepted God's will in her life and stood by the cross watching her son die for us, to lead us to Jesus so we understand the true price that was paid for our salvation.

Rev Fr Maroun Youssef

Principal

Director of Primary

Lebanon has been in everyone's thoughts and prayers at school. Fundraising for Lebanon has continued, with students taking part in a handball competition and a Jellybean guessing competition. Students enjoyed taking part and are looking forward to the raffle being drawn.

Music lessons have been modified to follow the new COVID restrictions outlined by NSW Health. There is no group singing, chanting or playing of recorders. Instead, the lessons focus on the students playing percussion instruments.

Staff remain vigilant regarding taking the necessary precautions to keep everyone healthy. They constantly remind students not to share and to follow good hygiene practices including carrying their own tissues or handkerchiefs and washing their hands regularly. Staff make sure students have regular access to hand sanitiser, that desks are wiped down regularly and that the school's bubblers are only used for refilling water bottles.

It has been pleasing to see students wearing their school uniform with pride. There is no official date for students who wear the new uniform to change over to the summer uniform. Children are able to wear short sleeved shirts or blouses as the weather warms, as well as shorts (boys) or short socks in place of tights (girls). Traditionally, students wearing the old school uniform change to the summer uniform at the start of Term 4. However, given the school is in a transition period regarding uniform, we will be flexible as to whether the students wear the summer or winter uniform during the last two weeks of this term, and during the first two weeks of Term 4.

There is a new lightweight school cardigan available for parents to purchase that is ideal for the warmer weather. The new school tracksuit is also in stock. Both items are available at the school supplier Saouma's. The school is in a transition phase as students move to the new school uniform. All Primary students need to be wearing the new uniform for the start of the 2022 school year.

Ms Maree Kelly

Director of Primary

Year 8 Coordinator
Year 8 Social Justice Initiative

Dear Parents,

St Mary MacKillop said, "Never *see* a need without doing something about it."

That is exactly what Year 8 is doing for Term 3.

Our first initiative for this term is *Recycle for Sight* and this is what YOU can do to help:

We *see* that not all people are as fortunate as we are. We want others to *see* more clearly. This is what "**Recycle for sight**" is all about.

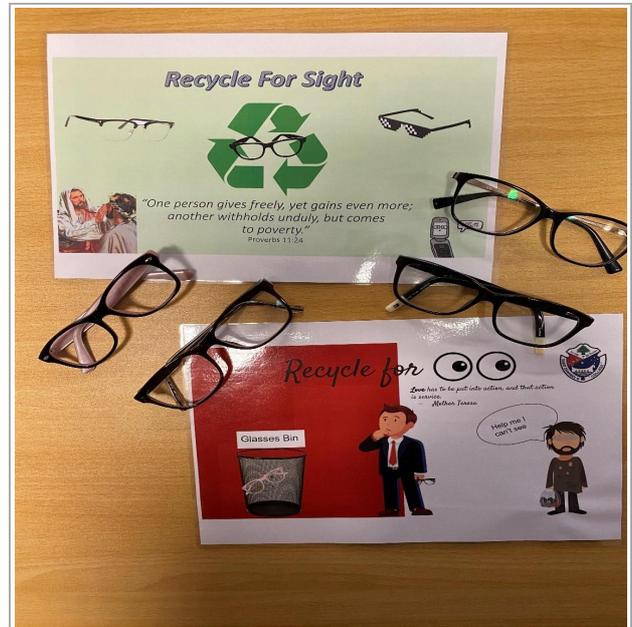
All you need to do is send in your old prescription glasses or sunglasses with your child to school.

Please donate glasses only, we don't require the cases.

These will be donated to our brothers and sisters who are less fortunate and will help the vision of many around the world.

Ms Josephine Katrib

Year 8 Coordinator



Careers and VET Coordinator
Upcoming 'Careers Events'

Students, please email me or book an appointment to see me if any of the following are of interest to you.

- New Bachelor of Education (Primary) at WSU in 2021

Starting in Semester 1, 2021, Western Sydney University will be offering their new Bachelor of Education (Primary).

This course is a pathway to becoming a primary school teacher, and has a particular emphasis on Science, Technology, Engineering and Mathematics (STEM).

The new course will be available at WSU's Bankstown campus.

Find out more here:
<https://www.westernsydney.edu.au/future/study/courses/undergraduate/bachelor-of-education-primary.html>

- Macquarie Leaders and Achievers Early Entry Scheme – Applications Close 31 August

The Macquarie Leaders and Achievers Early Entry Scheme is available for students completing the NSW Higher School Certificate, ACT Senior Secondary Certificate or International Baccalaureate (IB) in 2020.

This scheme recognises academic achievement as well as your involvement in leadership and community engagement activities during Year 11 and/or Year 12. This may include voluntary or paid activities you participated in at your school or within your community.

If your application is successful, you will receive an offer to study at Macquarie in 2021 before you complete your final exams.

Applications for the last round close 2.00pm Monday 31 August 2020.

To speak with one of our team call 02 9850 6767 or email futurestudents@mq.edu.au.

For details on how to apply and key dates visit: <https://mq.edu.au/leaders-and-achievers>

- **National Skills Week 2020**

National Skills Week is back in 2020, running from Monday 24 to Sunday 30 August.

It is all about raising the profile and awareness around vocational education and training (VET) in Australia. You can find out about your career opportunities and where VET can take you in the future.

There are heaps of events throughout National Skills Week to help you learn more about VET, as well as stories from VET graduates, and more.

Find out more here: <https://www.nationalskillsweek.com.au/>

Job Spotlight

How to become a Registered Nurse

What do Registered Nurses do?

Registered Nurses (RN's) support doctors and patients by providing high-level care to patients in hospitals, aged care and other facilities, even within the community.

If you're caring, compassionate as well as level-headed and practical, then nursing could be a rewarding career to consider.

About you:

- You'll need to be patient, empathetic and professional at all times – even under pressure; as well as an excellent team player
- An effective communicator with patients and colleagues, both orally and written

- Attention to detail is essential, as is the ability to prioritise, be a critical thinker, and have the willingness to keep learning

The job:

- Observe and record patients progress, perform diagnostic tests and administer medication
- Reassure and explain to patients and their families the treatments and procedures
- Coordinate activities that could help patients to feel better, working with other health care professionals to achieve the best outcome for individuals
- Prepare patients for further examinations, testing or surgery, assist in operations and post-operative care
- Maintain and update patient and hospital records accurately and promptly
- Help or supervise other nursing staff

Lifestyle Impact: High

- Part Time opportunities: High (50% RN's work part time – Source: joboutlook.gov.au)
- Below average hours for full-time workers (average 41 per week)
- Registered Nurse salary (average) *\$77,920 per year (Source: indeed.com) *Salary varies between states, level of experience, part / full time hours, there is also potential for overtime.
- Future career growth: Strong (Source: joboutlook.gov.au)
- Working from home is not an option, levels of responsibility and stress may be high, shift work could also be consideration. There are opportunities for promotion, career changes, flexible hours and choice of location.

How to become a Registered Nurse in Australia

You'll need to obtain a relevant qualification (at least a Bachelor's Degree) and be registered to practise.

Step 1 – Successfully complete Year 12 – English and Maths are essential. One of biology, chemistry or physics are often prerequisites for nursing degrees too. Other useful subjects to consider include social studies and psychology.

Step 2 – Work experience could help to decide if healthcare is the right career for you and look good on your degree applications.

Step 3 – Find and complete a degree that will give you the right qualifications.

Step 4 – Apply to the [Nursing and Midwifery Board of Australia \(NMBA\)](http://Nursing and Midwifery Board of Australia (NMBA)), for a license to practise as a Registered Nurse.

Step 5 – Get a few years of experience then move into a more specialised role, transfer into the medical administrative sector, or apply to become a nurse unit

manager.

Happy Careers Searching

Mrs Dianna Chedid

Careers & VET Coordinator

Innovation and Enrichment Coordinator

Term 3 has proven to be a productive one for the Learning Enrichment Program with the running of the annual UNSW Global ICAS Assessments. Students were very keen to practice their skills for these online tests and our Primary Learning Enrichment teachers Mrs Anthi Constantinou, Mrs Litsa Karamalis and Mrs Peta-Jane Del Favero once again supported students' preparations by providing some opportunities to refine test skills. ICAS preparation sessions were also implemented in the Secondary school, with some students taking advantage of these. In addition to the running of ICAS Mathematics and English assessments, this year, a small number of Grade 4 and Grade 6 students had the opportunity to sit the ICAS Science Assessment. We look forward to seeing our ICAS participants, their teachers and parents share in what we anticipate will be the joy of their success sometime in Term 4.

Earlier this year our Primary students have had the opportunity to develop their writing skills through their participation in the Dorothea Mackellar Poetry Competition and the Whitlam Institutes What Matters Writing? Competition. The competition participants have demonstrated both a passion and ability for writing creatively by writing with conviction and a clear sense of purpose.

We thank our parents and caregivers for their support of the Learning Enrichment program in what has been a challenging year so far. The Learning Enrichment Program currently seeks community sponsorship to facilitate a small number of our Year 10 students to participate in the Write a Book in Day, Writing Competition for the Kids Cancer Project in Week 9. If you, or your organization, would be interested in sponsoring St Charbel's College students for this event, please contact Ms Athena Conomos Coordinator of Innovation and Enrichment K-10 aconomos@stcharbel.nsw.edu.au by Friday 11th September for further information. Competition organisers require a minimum sponsorship donation of \$240.00 to enable our students to access the competition and we would be grateful for your support.

Ms Athena Conomos

Innovation and Enrichment Coordinator

Secondary Science Coordinator

I would like to thank all the students who volunteered their lunch time during weeks 3 and 4 to create models for this year's Science Week theme 'Deep blue : Innovation for our future oceans' . During week 5 the year 7 to 10 science classes viewed a documentary that promoted science week during their class time. The models were then presented to the school during the Monday lunch of the following week . On the day votes were taken for the most interesting and educational model and the winner is still to be announced.

I would like to thank the following students who got involved as it would not have been possible without their contribution. The following students will also be awarded with a science week participation certificate: Grace Boutros , Charlize Mezher , Jamie Elias-Khalil, Alex El Inaty , Anthony Mouawad, Sasha Noujaim, Salim Chidiac , Cayenne Dagher , Elizabeth Achmar , Christina Ters, Chris Tannous, Georgette Wakim, Elias Bejjani , Karl Alkazzi and Mikhael Merheb and George Khachan.

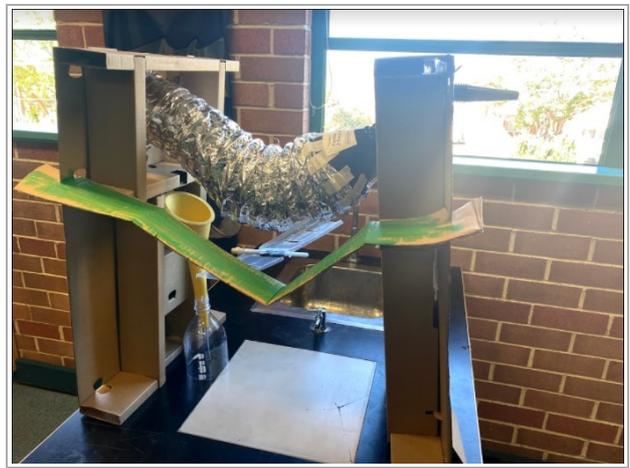
Below are some images from the science week model presentations:





Miss Brooke Cleggett

Secondary Science Coordinator



Secondary TAS Coordinator

Around the classrooms in the Creative Arts and TAS area, students and teachers have been embracing the wonderful learning time we have together. The sound of our Music students can be heard around the school, as they perform and perfect their pieces. Industrial Technology machinery is a buzz as our young designers cut and sand their way to a finely crafted furniture item. Our young Artists are immersed in sculpting and carving their creepy clay creatures, while others carve their way through animal and nature prints. The fashionistas in Textiles are dreaming, cutting and piecing beautiful apparel fit for a Paris runway. Delicious aromas waft their way from the Food Technology room as our young chefs challenge themselves to create delicacies from around the globe. The Information Technologists are placing themselves on the other side of gaming and learning to design and create games. Our actors in Drama, as in society, find innovative ways and places to develop their characters and perform. The Photographers have been exploring the topic of Digital dreams through Surrealists artists. Year 12 Major Projects are starting to filter in for HSC marking. No sneak peeks now, we will leave those for later.

As they say a picture speaks a thousand words. Enjoy the images of our students at work as they embrace learning and apply their knowledge.

Mrs Maryrose Maatouk

Secondary TAS Coordinator

Year 9 Visual Art Cubist sculptures:





Year 8 Visual art Creepy Creatures Sculptures:



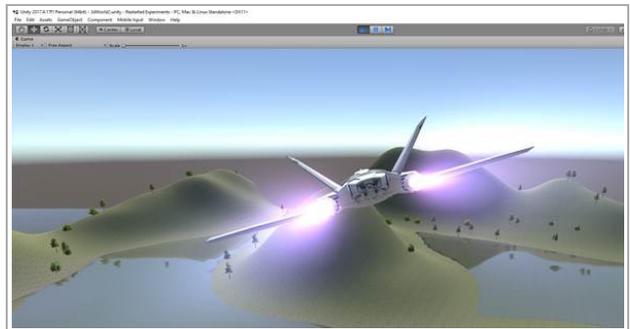
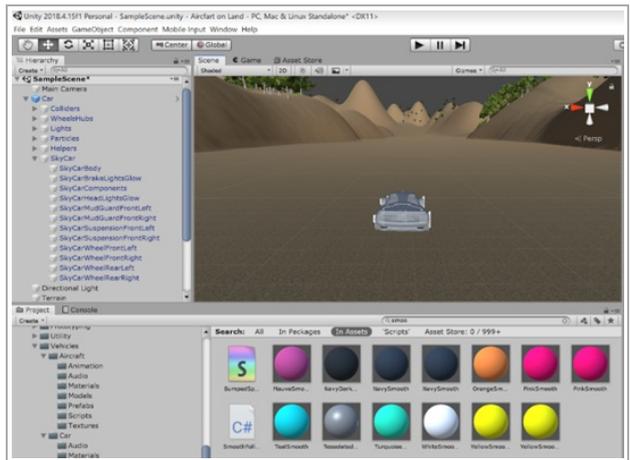
Year 8 Students Music Jam Session:



Year 9 Visual Art Cubist Sculptures:



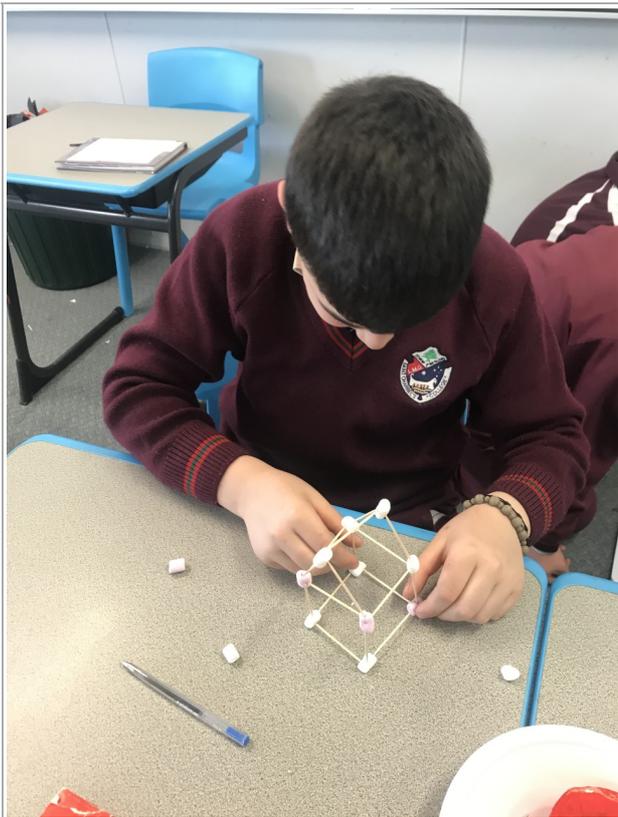
Year 10 IST Game Design:



Year 6 Work

Year 6 have been learning about Japan. The students dressed up and role played what life in a Feudal Japanese society would have been like.

Ms Marguerite Nassif



Library News

“Reading is to the mind what exercise is to the body”

Joseph Addison

Reading for pleasure has many benefits for students:

- Improving vocabulary, comprehension and spelling,
- Using their imagination,
- Development of empathy for others,
- Improved performance in mathematics and literacy outcomes.

At the library, students can ask the teacher librarian for assistance selecting a book that they will enjoy reading. We look forward to seeing them in the library soon!



Mrs Janet Galimi

Librarian

10 MINUTES TO RECOGNIZE THE GOOD STUFF

Date: _____

Things, people, and places you adore:

One thing you've worked hard to achieve:

One thing that's going well right now:

Two subjects or pursuits you're passionate about:

Two people you can count on for warm hugs and kind words:

Three things to look forward to:

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Mrs Jennifer Harsch/Mrs Emily Sheahan

Counsellors

St Charbel's Basketball Club



St. Charbel's Basketball Club Inc. is a new club that currently has 10 teams playing in the local Bankstown Basketball Association competition. Registration is currently open for the upcoming Summer 20/21 season commencing in October.

If your son or daughter is interested in playing basketball, please contact us within the next few weeks to avoid disappointment as our Summer 20/21 teams are filling up quickly. Whether they have an already established team that is interested in playing for our club or they are a player looking for a team we would love to have them join our basketball community! We welcome all abilities from beginner through to advanced and the competition is open to girls and boys from 10 years of age.

As a club our aim is to encourage children and teenagers from our local community to get involved in a team sport, consider the fitness benefits of sport as a way of life and to also to bring our community together. St. Charbel's Basketball Club is a Not-For-Profit Club that is made up of players from our local community and is run by a committee of volunteers.

Please support us by liking and sharing our Facebook page
 [St. Charbel's Basketball Club](#)

Club President: Kylie Alam – 0410 558 516
Club Secretary: Suzie Dib – 0402 697 722





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CHESS!!

Learn to be a chess champion! Coaching for students at St Charbel's College (Punchbowl) is held on Fridays from 1:25pm to 2:05pm, starting on 24 July 2020.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email enrol@sydneyacademyofchess.com.au for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.

Keyboard Lessons at the College

keyboard_lesson_ad.pdf

https://stcharbel.schoolzineplus.com/_file/media/23/keyboard_lesson_ad.pdf

COVID-19:

Access the following link for the latest information on the COVID-19 situation in NSW:

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/case-definition.aspx>

Coronavirus (COVID-19)

COVID-19 Testing

Who should get tested?

Anyone with cold or flu-like symptoms, even if very mild, should get a COVID-19 test as soon as possible. COVID-19 symptoms include:

- fever e.g. chills, night sweats
- respiratory symptoms such as cough, sore/scratchy throat, runny nose, shortness of breath, loss of smell or taste
- other symptoms including muscle and joint pain, diarrhea, nausea/ vomiting and loss of appetite.

What to expect when you get tested?

- Testing is free, easy and quick.
- If you have been referred to a testing clinic, please take your referral with you. This is not needed for most clinics.
- Staff at testing and respiratory clinics will be wearing masks, gowns, gloves and face shields.
- Staff will ask you about your symptoms
- Swabs are taken from inside your nose and your throat.

What happens after I get tested?

- You must stay at home (self-isolate) until you get your test result and are well.
- You cannot leave your home unless you are seeking medical care or in an emergency. You cannot have visitors.
- If your symptoms become serious (e.g. difficulty breathing), call Triple Zero (000). Tell the ambulance staff you have been tested for COVID-19.
- If you are sharing your home with others you should separate yourself in another room. Wear a surgical mask when you are in the same room and keep 1.5 metres away.

- Practice good hygiene. Wash your hands often. Cover your cough or sneeze with your elbow or a tissue.

Where can I get more information about self-isolating?

<https://www.health.nsw.gov.au/infectious/covid-19/Pages/resources.aspx>

- If you have been in close contact with a person with COVID-19, you need to stay home for 14 days after you last saw that person. (Close contact includes living in the same household or spending more than 15 minutes face-to-face or 2 hours sharing a closed space, with someone with COVID-19, from 48 hours before they became ill).
- Home isolation applies to all close contacts, even if you are currently feeling well and/or have received a negative test result.

How will I get my results?

- You will usually receive your test result within 24 to 48 hours but please allow up to 72 hours.
- If you had your test done at an Emergency Department or public hospital COVID-19 clinic you can receive your COVID-19 negative test result by SMS if you register for Pathology COVID-19 SMS Results Service. If you don't register you will receive a call from a Public Health officer at your Local Health District.
- If you had your test collected by your GP or at other sites, your doctor will give you your results.

What happens if I test positive?

- NSW Health will look after you. There will be no cost for your treatment, even if you don't have Medicare.



Coronavirus
(COVID-19)

GOOD HYGIENE IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.
For more information about **Coronavirus (COVID-19)** visit health.gov.au

HELP STOP THE SPREAD AND STAY HEALTHY

Australian Government

Authorised by the Australian Government, Canberra

Cleaning surfaces at home to help stop the spread of COVID-19

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

How to clean

Frequently touched surfaces	Less touched surfaces
<ul style="list-style-type: none"> • doorknobs • handles • light switches • phones • tablets • touch screens • tables • hard-backed chairs 	<ul style="list-style-type: none"> • remote controls • keyboards • desks • toilets • sinks/basins • car steering wheel • car seats • floors • walls • ceilings • window blinds • curtains

Regularly clean with a household detergent followed by disinfectant, or use detergent/disinfectant wipes (scrub hard).

Clean using a household detergent or detergent wipes. Use a damp mop on hard floors. Clean walls and window blinds when visibly dusty or soiled. Curtains should be changed regularly and cleaned when soiled.

Detergent or disinfectant?

Detergents help remove germs, dirt, and impurities from surfaces but they do not kill germs. Disinfectants kill viruses and bacteria but don't remove them from a surface. Using a detergent then a disinfectant helps lower the risk of spreading infection.

If you have been outside

If you have to leave home, when you return:

- wash your hands as soon as you enter and after putting groceries or other items away. Wash your hands before you eat
- if you would feel better to do so, remove your shoes and clothing if you have been on public transport or in spaces where you weren't able to keep 1.5 metres from others
- wipe down your phone
- keep your keys in one place.

More information:
www.nsw.gov.au/covid-19

Hygiene advice for people living in residential buildings

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

Residents and common areas

People living in residential buildings should take care when moving through common areas to reduce the risk of COVID-19:

- Clean your hands with soap and water for 20 seconds or use an alcohol-based hand rub/sanitiser after touching any frequently touched surfaces in common areas. This includes doorknobs or door handles when you enter and exit the building or when using communal washing machines or dryers
- Cover your nose and mouth with a tissue when coughing and sneezing or use your elbow, not your hands
- Avoid close contact with people unwell with cold or flu-like symptoms
- Avoid touching your face and avoid shaking hands with others
- Try to maintain a distance of 1.5 metres from others as much as possible in your apartment block, such as in elevators, stairwells or hallways
- Do not gather in large groups in common areas such as rooftops or courtyards.

Cleaning guidance for NSW strata managers and body corporates

- Regularly clean frequently touched surfaces in common areas with a detergent followed by disinfectant, or use detergent/disinfectant wipes
- Consider providing adequate alcohol-based hand rub (sanitiser) for residents to use.

More information:
www.nsw.gov.au/covid-19

Upcoming Events:

Sunday 6 September:

Father's Day

Parent_Notice_26Aug2020.pdf

https://stcharbel.schoolzineplus.com/_file/media/118/parent_notice_26aug2020.pdf