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## Issue 8, Term 3, August 2020

### Principal's Message

Dear Parents and Guardians,

Spring is here and so are warmer days ahead. As nature recaptures its colours and warmth, we give thanks to the Lord for His creation and for giving us the gift of wisdom to enjoy the beauty around us.

It is unfortunate though that expected brighter days have been tarnished by the misbehaviour of some of our students. A communication was sent to parents addressing the concerns of the College last week. We strongly recommend that you take the time to read this correspondence and again it is included in today's newsletter. Please note that school is a place of learning and for our students to feel happy and safe.

Our qualified teachers are wonderful in their work and what they do with our students on a daily basis. In order for our College to remain positive, it requires a mutually respectful relationship between yourselves and the College. Unfortunately, actions of not adhering to the College policies may result in your child's suspension or termination of their enrolment at our College. It is imperative that we all work together for the best interest of our children.

You have entrusted your children to St Charbel, and we will endeavour to proceed with the ethos of the College and our beloved Saint. Again, we kindly ask that you lead by example in a Christian manner to your children.

I am overwhelmed with the generosity our Community has shown over the past weeks. Our teachers and students have planned numerous fun fundraising events to assist our families and friends through this devastating time in our homeland. To date our College has raised \$

Thank you to the members of the College P & F Committee, all families would have received an envelope, with the older sibling. Our College is fortunate to have a supporting and active P & F Committee and with the generosity of our community, the P & F Committee have been able to arrange a raffle, with all of the proceeds going to help our families and friends in Lebanon. Please be sure to return the money and any remaining tickets by Friday 18 September.

This coming weekend we will celebrate Father's Day, I pray that this day will be enjoyed and cherished by all and we remember dearly all our Fathers for all their tireless support to their children and families. May we always pray that our fathers will be an example of St Joseph, foster father of our Lord Jesus.

During the month of September, we will celebrate the feast of the Nativity of the Virgin Mary (Sep 8) and the feast of the Exaltation of the Holy Cross (Sep 14). We are reminded that the Cross is the sign of our salvation with which our Saviour triumphed over the sin of the world. And we earnestly look up to the Blessed Mary ever Virgin, who accepted God's will in her life and stood by the cross watching her son die for us, to lead us to Jesus so we understand the true price that was paid for our salvation.

**Rev Fr Maroun Youssef**

**Principal**

### Director of RE & Mission

Our generous school community kicked off our fundraising efforts splendidly!

With our staff and students wearing their favourite jersey, the willingness to give to our brothers and sisters in Lebanon was evident and heart-warming.

Please continue to support our fundraising initiatives this term, and we pray that St Charbel our Patron intercedes for our homeland Lebanon.

**"Therefore encourage one another and build up each other, as indeed you are doing."**

**1 Thessalonians 5:11**

**Mrs Joanne Mansour**

**Director of RE & Mission**

## **Director of Primary**

Dear Parents

As COVID cases continue to appear in Sydney, rest assured that the College remains vigilant in ensuring that it is doing everything possible to keep students safe.

For student safety, the College has contacted the external providers for keyboard, Chess and Jellybeans Music lessons and requested that their staff work at St. Charbel's College and no other schools. The Chess instructor works at multiple schools and there is no-one to replace him, so from this week he will present his lessons remotely on a large screen in the classroom. A teacher will be present in the classroom to assist the students.

The Jellybeans Music teacher currently has a commitment at another school, so Music lessons are cancelled this week. They will resume next week, with the teacher working solely at St Charbels. Group singing, chanting and the playing of recorders is not allowed with the new restrictions, which has impacted the delivery of Jellybean Music lessons. The company has adapted their lessons accordingly, adding extra actions to songs and more percussion instruments such as tapping sticks, drums, and glockenspiels.

Everyone has been saddened by the recent events in Lebanon and our thoughts and prayers have been with all the families affected by the tragedy. The first fundraising event, Jersey Day, was held last Friday. It was heartening to see the Primary students wearing Lebanon's colours with pride and relishing the opportunity to do something to help. Families were very generous in their support of the event. A big thank you to the St. Charbel's community!

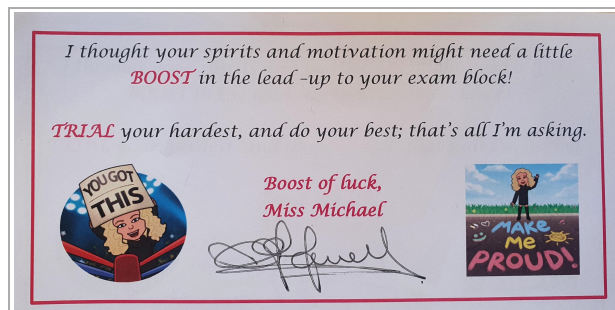
**Ms Maree Kelly**

**Director of Primary**

## **Year 12 Coordinator**

Year 12 have officially entered into their Trial HSC examination block!

Our Week Four PC period was devoted to a flexible study session in preparation for the block. Students were given a small treat to give them a BOOST of motivation!



On Monday, 17 August, all students attended as a grade for the English – Paper One examination. They were understandably nervous and excited, but we assured them that once they got through the first examination, they would get into a more comfortable flow and be ready to take on the rest of their subjects! They each received a small care pack 'to get them through...!'



The last Trial HSC exams take place on Monday, 31 August, and all Year 12 students are expected back as per the usual timetable, on Tuesday, 1 September.

Year 12 parents and guardians are reminded to check their emails for important information about upcoming events and dates, and for some advice about how to best manage stressed and anxious children during this challenging time.

We wish all of our students the very of luck, and pray that St Charbel, our Patron, guide them towards achieving their full potential.



God bless.

Ms Manelle Michael

Year 12 Coordinator

## Year 8 Coordinator

### Year 8 Social Justice Initiative

Dear Parents,

St Mary MacKillop said, "Never *see* a need without doing something about it."

That is exactly what Year 8 is doing for Term 3.

Our first initiative for this term is *Recycle for Sight* and this is what YOU can do to help:

We *see* that not all people are as fortunate as we are. We want others to *see* more clearly. This is what "*Recycle for sight*" is all about.

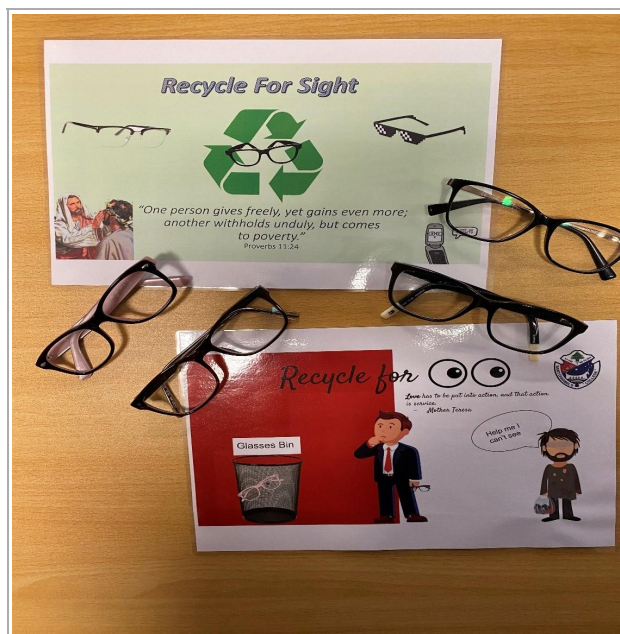
**All you need to do is send in your old prescription glasses or sunglasses with your child to school.**

Please donate glasses only, we don't require the cases.

These will be donated to our brothers and sisters who are less fortunate and will help the vision of many around the world.

Ms Josephine Katrib

Year 8 Coordinator



## Careers and VET Coordinator

### Job Spotlight

#### How to become a Graphic Designer

#### What do Graphic Designers do?

Graphic Designers create and design visual branding for their clients, such as logos, packaging designs, layouts, advertisements and more. They work with a variety of mediums, including drawing, photography and digital media.

If you are creative with an eye for design, love working with technology and have good customer service skills, this could be the perfect job for you.

**Graphic Designer salary (average) \$53,686 per year**  
(Source: payscale.com)

**Job growth as a Graphic Designer** is strong (source: Joboutlook.gov.au)

This is a fast-growing and competitive industry, so having a formal qualification and getting work experience can help boost your chances of finding work.

#### How to become a Graphic Designer in Australia

A degree isn't necessary for entry into this career, but a formal education is preferred by both employers and clients.

**Step 1** – Study English and Maths at school and consider taking subjects such as art and technology.

**Step 2** – Study a relevant degree at university, or get a VET qualification.

**Step 3** – Undertake work experience or an internship to gain the required skills and become more appealing to employers. Keep an updated portfolio of your work.

**Step 4** – Boost your credibility by becoming a member of an organisation such as the Design Institute of Australia.

**Step 5** – Keep up to date with the latest trends in design and upskill with short courses.

**Similar Careers to Graphic Designer:** Web Designer, Illustrator, Fine Artist, UX Designer, Signwriter.

#### Frequently Asked Questions (FAQs)

- **How long does it take to become a Graphic Designer?**

It can take between 4 and 5 years from finishing school to become a Graphic Designer. This is the time it would usually take you to finish a relevant qualification and get some work experience under your belt.

- **Where do Graphic Designers work?**

Graphic Designers can work as part of a design studio, in-house for a company, or do freelance work. Some graphic designers work remotely.

- **Do I need to go to university to become a Graphic Designer?**

Having a formal qualification can greatly improve your chances of finding work. VET qualifications are often sufficient and could take less time to complete.

- **Is Graphic Design a good career to aim for?**

If you are creative and love art and technology, Graphic Design could be a great option for you. There is strong growth for this career in the future as well.

Happy Careers Searching

Happy Careers Searching

Mrs Dianna Chedid

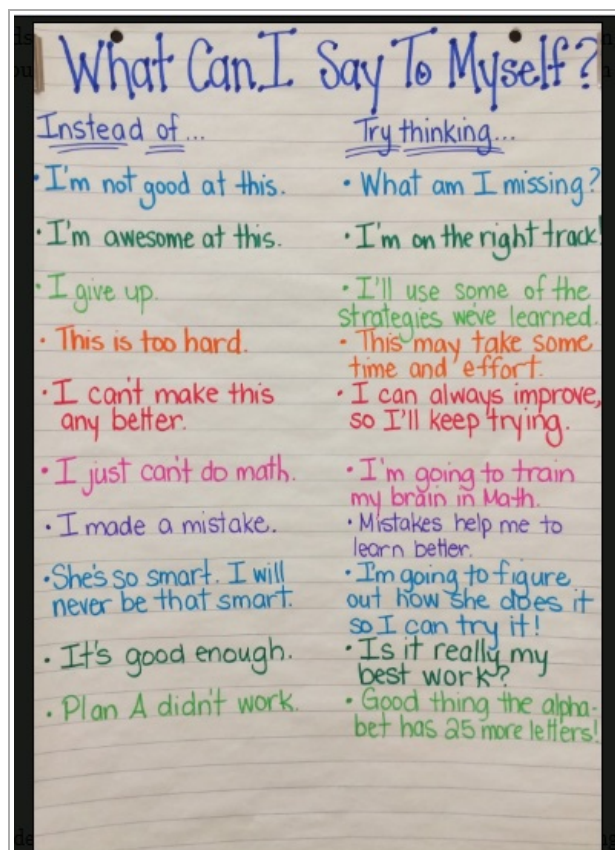
Careers & VET Coordinator

## Secondary Maths Coordinator

### Mathematics News!

AS we move towards the second half of Term 3, each year group years 8 to 10 will receive their Mathematics Investigation Task. These tasks are to allow students to investigate mathematics in their real world. These tasks are very important for students to develop their mathematical thinking. Year 7 will complete an in class task during week 8. Please encourage your child to approach these tasks with a positive outlook. Feel free to discuss what they are going to learn about mathematics in their life. Year 11 are preparing for their end of Preliminary Examinations, while Year 12 are completing their Trials, Mathematics Advanced and Standard examinations are on Thursday 20th August. We wish you all the very best for all of these tasks. Do your best and work steadily in preparation.

When students struggle in mathematics we need to encourage them to persevere with their learning. Many times when I talk to students about their learning of mathematics they have a closed mindset. Some very helpful self-talk is outlined below.



To help any students who are having trouble with any concepts we run a maths club, on Tuesday and Thursday morning, in N109 from 8am till 8:30 am. Any students who would like some extra help or assistance with their mathematics please come along and gain some confidence. Students will be given approximately 30 minutes of homework every day they have a maths class. Please check their diaries for what their homework is.

We are working hard to increase students' perseverance in learning. When things are a challenge the best way to overcome it is to persevere and seek some guidance. I encourage you as parents to work with us to increase the perseverance in students' learning, by asking students to think of an alternative approach to this challenge in their learning.

A video on [Maths Anxiety](#) which some parents may find helpful to assist in dealing with negative thoughts about learning maths. As a citizen of the world we need to master mathematics as it is an essential part of the world we live in.

Ms Neila Darrough

Secondary Maths Coordinator

## Year 11 History Debate

The Year 11 History debaters put in a strong performance against Kings Parramatta in our first ever zoom debate where we argued against the statement - 'That Cleopatra betrayed Egypt'. Our speakers Charlize Mansour, Liam El-Azzi, Anthony Aoun and advisor Jennifer Sayde made impressive rebuttals and



arguments supported by a range of ancient and modern evidence in trying to convince the adjudicator that our side was the more compelling side. Despite narrowly losing we all learnt a little more about history debating as well as becoming mini-experts on Cleopatra, Julius Caesar and Mark Anthony!



Mr John Mckelleher

Secondary HSIE Teacher

## Library News

The 15<sup>th</sup> August was the Feast of the Assumption of Our Lady and we celebrated in the Library with beautiful prayers and pictures of Mary the Holy Mother.



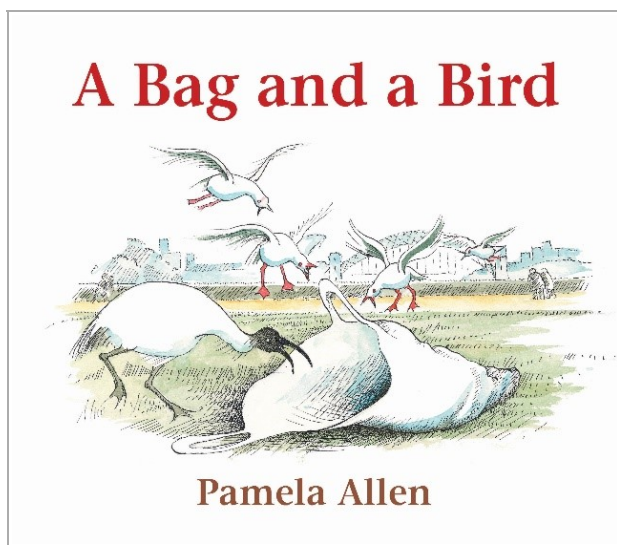
This term we are observing all God's creatures great and small. We have looked at the bird's nest of a fairy wren and discussed the birds we have seen in our local parks and our own gardens. We have shared many wonderful picture books about birds too.





Mrs Simone Cullinan/Mrs Christine Golz

Librarians



Science Week!

## NATIONAL SCIENCE WEEK

15-23 Aug

**Celebrate technology and science with prizes to be won.**

Nature Macro Photo Competition

Explore the world of tiny things. Take photos of the natural world close up and submit them in this Macro Science Photo Competition, open to those aged 6-18 years old.

Enter as many times as you'd like by emailing your photo with your name, age, phone number and other details about the photo to [library@cbcity.nsw.gov.au](mailto:library@cbcity.nsw.gov.au)

Photos may be printed and displayed.

Brain Buster Science Quiz

Test your knowledge of science with our Brain Buster Science Quiz made for those aged 5-12 years old. Go to your local library to collect your quiz, science kit and science experiment.

Instructions on how to complete your science experiment are online. For more, visit [cb.city/YourLibraryatHome](http://cb.city/YourLibraryatHome)

Return your entries for both competitions to any of our nine Libraries by **Tuesday 1 September**.

CANTERBURY BANKSTOWN

national science week

@CBLibraries  
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# Chess!



Level 1 30A George St, Burwood 2134  
Office: (02) 9745 1170

## CHESS!!

Learn to be a chess champion! Coaching for students at St Charbel's College (Punchbowl) is held on Fridays from 1:25pm to 2:05pm, starting on 24 July 2020.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email [enrol@sydneyacademyofchess.com.au](mailto:enrol@sydneyacademyofchess.com.au) for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.

## Keyboard Lessons at the College

[keyboard\\_lesson\\_ad.pdf](#)

[https://stcharbel.schoolzineplus.com/\\_file/media/23/keyboard\\_lesson\\_ad.pdf](https://stcharbel.schoolzineplus.com/_file/media/23/keyboard_lesson_ad.pdf)

## COVID-19:

Access the following link for the latest information on the COVID-19 situation in NSW:

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/case-definition.aspx>

### Coronavirus (COVID-19)

## COVID-19 Testing

**Who should get tested?**

Anyone with cold or flu-like symptoms, even if very mild, should get a COVID-19 test as soon as possible. COVID-19 symptoms include:

- fever e.g. chills, night sweats
- respiratory symptoms such as cough, sore/scratchy throat, runny nose, shortness of breath, loss of smell or taste
- other symptoms including muscle and joint pain, diarrhea, nausea/ vomiting and loss of appetite.

**What to expect when you get tested?**

- Testing is free, easy and quick.
- If you have been referred to a testing clinic, please take your referral with you. This is not needed for most clinics.
- Staff at testing and respiratory clinics will be wearing masks, gowns, gloves and face shields.
- Staff will ask you about your symptoms
- Swabs are taken from inside your nose and your throat.

**What happens after I get tested?**

- You must stay at home (self-isolate) until you get your test result and are well.
- You cannot leave your home unless you are seeking medical care or in an emergency. You cannot have visitors.
- If your symptoms become serious (e.g. difficulty breathing), call Triple Zero (000). Tell the ambulance staff you have been tested for COVID-19.
- If you are sharing your home with others you should separate yourself in another room. Wear a surgical mask when you are in the same room and keep 1.5 metres away.

**Where can I get more information about self-isolating?**

<https://www.health.nsw.gov.au/infectious/covid-19/Pages/resources.aspx>

**How will I get my results?**

- You will usually receive your test result within 24 to 48 hours but please allow up to 72 hours.
- If you had your test done at an Emergency Department or public hospital COVID-19 clinic you can receive your COVID-19 negative test result by SMS if you register for Pathology COVID-19 SMS Results Service. If you don't register you will receive a call from a Public Health officer at your Local Health District.
- If you had your test collected by your GP or at other sites, your doctor will give you your results.

**What happens if I test positive?**

- NSW Health will look after you. There will be no cost for your treatment, even if you don't have Medicare.

# GOOD HYGIENE IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

**TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.**

For more information about **Coronavirus (COVID-19)** visit [health.gov.au](https://www.health.gov.au)

**HELP STOP THE SPREAD AND STAY HEALTHY**

**20 SEC**

**HELP STOP THE SPREAD AND STAY HEALTHY**

**Authorised by the Australian Government, Canberra**

**Australian Government**

## Hygiene advice for people living in residential buildings

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

**Residents and common areas**

People living in residential buildings should take care when moving through common areas to reduce the risk of COVID-19:

- Clean your hands with soap and water for 20 seconds or use an alcohol-based hand rub/sanitiser after touching any frequently touched surfaces in common areas. This includes doorknobs or door handles when you enter and exit the building or when using communal washing machines or dryers
- Cover your nose and mouth with a tissue when coughing and sneezing or use your elbow, not your hands
- Avoid close contact with people unwell with cold or flu-like symptoms
- Avoid touching your face and avoid shaking hands with others
- Try to maintain a distance of 1.5 metres from others as much as possible in your apartment block, such as in elevators, stairwells or hallways
- Do not gather in large groups in common areas such as rooftops or courtyards.

**Cleaning guidance for NSW strata managers and body corporates**

- Regularly clean frequently touched surfaces in common areas with a detergent followed by disinfectant, or use detergent/disinfectant wipes
- Consider providing adequate alcohol-based hand rub (sanitiser) for residents to use.

**More information:**  
[www.nsw.gov.au/covid-19](https://www.nsw.gov.au/covid-19)

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## Cleaning surfaces at home to help stop the spread of COVID-19

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

### How to clean

Frequently touched surfaces	Less touched surfaces
<ul style="list-style-type: none"><li>• doorknobs</li><li>• handles</li><li>• light switches</li><li>• phones</li><li>• tablets</li><li>• touch screens</li><li>• tables</li><li>• hard-backed chairs</li></ul>	<ul style="list-style-type: none"><li>• remote controls</li><li>• keyboards</li><li>• desks</li><li>• toilets</li><li>• sinks/basins</li><li>• car steering wheel</li><li>• car seats</li></ul>
<ul style="list-style-type: none"><li>• floors</li><li>• walls</li><li>• ceilings</li><li>• window blinds</li><li>• curtains</li></ul>	
Regularly clean with a household detergent followed by disinfectant, or use detergent/disinfectant wipes (scrub hard).	Clean using a household detergent or detergent wipes. Use a damp mop on hard floors. Clean walls and window blinds when visibly dusty or soiled. Curtains should be changed regularly and cleaned when soiled.

### Detergent or disinfectant?

Detergents help remove germs, dirt, and impurities from surfaces but they do not kill germs. Disinfectants kill viruses and bacteria but don't remove them from a surface. Using a detergent then a disinfectant helps lower the risk of spreading infection.

### If you have been outside

If you have to leave home, when you return:

- wash your hands as soon as you enter and after putting groceries or other items away. Wash your hands before you eat
- if you would feel better to do so, remove your shoes and clothing if you have been on public transport or in spaces where you weren't able to keep 1.5 metres from others
- wipe down your phone
- keep your keys in one place.



More information:  
[www.nsw.gov.au/covid-19](http://www.nsw.gov.au/covid-19)

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## Upcoming Events:

Monday 17 August – Monday 31 August:

HSC Trials

Sunday 30 August:

Feast of Blessed Estephan Nehme