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Issue 12, Term 3, September 2021

Principal's Message

Dear Parents and Guardians,

As a challenging term comes to an end, we have much to be thankful for.

As the final days of Term 3 draws to a close, I would like to take this opportunity to acknowledge the tremendous work and professional manner in which our students, staff and parents have conducted themselves in an unusual circumstance brought upon by COVID-19.

On 14 September, we celebrated the feast of the Exaltation of the Holy Cross. This is a very significant event in the Maronite Calendar as the liturgy of the cross is a triumphant liturgy. In order to follow Christ we must take up His cross, follow Him and become obedient until death, even if it means death on the cross. We identify with Christ on the Cross and become co-redeemers, sharing in His cross. Now more than ever during these troublesome times in our world, we are concerned for our children. During these uncertain times, we face the challenge of raising our children and concerned about what lies ahead for their future, with faith and God in our hearts we will strive to be stronger.

To our Year 12 Cohort, I hope that I am joined by College community to wish them every success in the preparation for their upcoming HSC examinations. It is my great hope that these students become more than educational success stories and I pray that through their

years at St Charbel's College, they will reach beyond their potential in every area of endeavour but at the heart of their lives they will continue to use their Maronite faith to make a difference in our world and to the people they meet.

On another note, our student Charbel Badr received the 2021 Archbishop's Award for Student Excellence. I wish to offer congratulations to Charbel for his leadership and contribution to the Religious life of St Charbel's College. This was recognised by Archbishop Anthony Fischer at a beautiful zoom ceremony attended by Charbel's teachers, family and friends.

You may be aware that members from our Community have tested positive for COVID-19, please keep these families in your prayers and we hope that they recover well.

As mentioned previously, the College is constantly being updated on the status of the COVID-19 rules and restrictions, and this information is passed on accordingly. I encourage you to be abreast of the rules and restrictions imposed on us and to check your emails for correspondence from the College, in particular over the coming weeks.

Over the next school holiday period, please keep yourselves and your families safe and well. With the days getting warmer, this is a time to re-group, refresh and enjoy the fruits of spring coming to life.

May God bless you and your families.



Rev Fr. Maroun Youssef

Principal

2021 NAPLAN

The College has received the overall data for NAPLAN 2021. I am pleased to announce that the College has made significant improvements in our NAPLAN results and I am proud of the work of the teachers, students and the support of parents in working together to achieve these improvements.

The College's overall averages are as per below:

Overall Averages				
	Year 3	Year 5	Year 7	Year 9
School	440	506	551	589
State	433	506	546	580

Standout results

- Years 3, 5, 7 and 9 writing, grammar and punctuation and spelling results were significantly above state average
- Year 3 results across all areas were the strongest overall since 2018
- Year 5 growth from their Year 3 results was extensive, in particular their reading

and numeracy results are the highest overall since 2015

- Year 7 spelling results were the highest they have been since 2013 and their writing results were the best we have had since 2016.
- Year 9 results revealed the most significant learning growth of all our grades since their performance in Year 7

All students will have their individual results sent to them, once their reports arrive at the College.

The individual and grade based results will be used to discuss progress with teachers. Teachers use results to better identify students who would benefit from greater challenges or extra support. The College will also use these results to identify strengths and areas to improve in teaching programs, and to set goals in literacy and numeracy.

Mrs Vania Bejjani

Deputy Principal

Feast of the Exaltation of the Holy Cross

On Tuesday 14 September, we celebrated the Feast of the Exaltation of the Holy Cross.

It seems paradoxical not only having a feast day, but a liturgical season that runs over seven weeks in the Maronite liturgical calendar, centred on the Cross. It is by means of this iconic symbol that we can find true and everlasting peace.

This feast holds great esteem in the Eastern Churches.

It dates right back to the dedication of the commemoration of Church of the Resurrection in Jerusalem in the year 335. This feast is also born in the historical event of the holy cross' return to Jerusalem.

The Cross can be confronting, yet a source of comfort and purpose.

In these days of uncertainty and unrest, may we keep our eyes on the Cross as we walk life's journey, resting in the knowledge that God brings forth the good out of evil.

Today, and every day, may we make the sign the cross with reverence and love, asking Our Lord to become the person He knows we can be as we ponder this short yet powerful prayer: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Mrs Joanne Mansour

Director of RE & Mission

Director of Primary

Dear Parents,

Students and staff have been working hard as the holidays have approached. Given the length of the current lockdown, staff have started doing assessments with their students. Not an ideal situation, however, there has been no choice under the circumstances. Assessments are not intended to cause stress for students or parents. Whether done at school or remotely, assessments help staff ascertain how well the students are faring with their school work, and they can then plan the next term's work accordingly. Major decisions are never made as a result of one assessment, because staff realise that students can have an off day and one result may not accurately reflect their work or aptitude.

Stage assemblies have been held remotely over the past few weeks. It has been wonderful seeing the students and their behavior has been exemplary. Teacher's Certificates have been awarded to publicly acknowledge students' hard work and to thank students for their efforts during lock down. More assemblies will be held next term so staff can continue to acknowledge the students' efforts.

Friday theme days will continue next term. This week will be Fun Friday, with the staff planning some fun activities for the last day of term. The first Friday back next term will be Beach Day. Students can dress as if they will be spending the day at the beach, or spending the day outside enjoying the sunshine. Students might like to take part in an optional challenge: creating a crazy ice-cream flavour. On the first day back at school they can post their crazy ice-cream flavour, and a photo if they wish, to Google Classroom to share their efforts.

As the term draws to a close I would thank everyone for their support of the school and staff. The College's thoughts and prayers are with those who have been unfortunate to have a family member, or members, contract COVID. We trust they make a quick and full recovery. Our thoughts and prayers are also with families struggling during lockdown. Remember that the College is here to support you if you let us know that you need our help, whether you reach out to College Leadership, the school's counsellors or the Chaplains. We are here to help.

I hope families have a wonderful, relaxing holiday!
May everyone stay happy and healthy!

Ms Maree Kelly

Director of Primary

Secondary English

Dear Year 12 Parents, Carers and Students,

It has been our pleasure as English teachers to serve you these past six years. To the students -- we wish you great success as you put the finishing touches on your high school journey in these coming weeks. To the parents and carers -- we congratulate you on forming your children with faith, love and hope.

We present these two famous and bittersweet poems to inspire you to reflect on the journey past, and the journey to come.

On Children

by Khalil Gibran

And a woman who held a babe against her bosom
said, Speak to us of Children.

And he said:

Your children are not your children. They are the
sons and daughters of Life's longing for itself. They
come through you but not from you, And though
they are with you yet they belong not to you.

You may give them your love but not your thoughts,
For they have their own thoughts. You may house
their bodies but not their souls, For their souls dwell
in the house of tomorrow, which you cannot visit,
not even in your dreams. You may strive to be like
them, but seek not to make them like you. For life
goes not backward nor tarries with yesterday. You
are the bows from which your children as living
arrows are sent forth. The archer sees the mark upon
the path of the infinite, and He bends you with His
might that His arrows may go swift and far. Let your
bending in the archer's hand be for gladness; For
even as He loves the arrow that flies, so He loves also
the bow that is stable.

The Road Not Taken

by Robert Frost

Two roads diverged in a yellow wood,

And sorry I could not travel both

And be one traveler, long I stood

And looked down one as far as I could

To where it bent in the undergrowth;
 Then took the other, as just as fair,
 And having perhaps the better claim,
 Because it was grassy and wanted wear;
 Though as for that the passing there
 Had worn them really about the same,
 And both that morning equally lay
 In leaves no step had trodden black.
 Oh, I kept the first for another day!
 Yet knowing how way leads on to way,
 I doubted if I should ever come back.
 I shall be telling this with a sigh
 Somewhere ages and ages hence:
 Two roads diverged in a wood, and I—
 I took the one less traveled by,
 And that has made all the difference.

Mrs Jennifer Fletcher

Secondary English Coordinator

Secondary CAPA

Term 3 was a little out of the ordinary, but thanks to our amazing resilient teachers and students, we are still able to see wonderful creative work coming out of Creative Arts and TAS. Students across all year groups have adapted and worked so well.

Working in subjects that rely on practical experiences seems almost impossible online, but teachers have altered their teaching and learning experiences and creatively designed lessons to engage the students, using materials available at home.

In preparation for term 4, I encourage parents to apply for the creative kids voucher through Service NSW and the link provided in our newsletter. The voucher can be used to purchase materials online to be used in our subjects for term 4. Subject teachers will give information on the materials needed to continue creating in term 4 remote learning.

Below are images of work from across our subjects created during the term 3 lock down. Looking forward to more beautiful work in term 4. Best wishes to all of our students and families.



Year 7 Emily Annetts Visual Arts- Placemat Patterns in nature



Alana Mokbel- Year 7 Visual Arts- Placemat patterns in nature



Joshua El Saddi yr 10 Photography and Digital Media



Jacinta Badr yr 9 Textiles word art



Lisa Ters Yr 9 Textiles paper doll fashion



Mary Tannouri yr 10 Visual Art

Mrs Maryrose Maatouk

Secondary CAPA Coordinator

Secondary Music

This semester our amazing year 7 students have studied the Basic Concepts of Music focusing on duration and pitch. They started learning about rhythm and coordination by learning cup song routines and bucket drumming activities.

They have been working on composition using the music notation ICT software program Musescore. There have been some very good pieces composed for percussion and xylophone instruments. Our students have been busy creating music and performing using bucket drums and body percussion. Next term they will perfect their performance skills and learn to play the keyboard or “virtual keyboard” using garage band or the virtual keyboard app. It’s been fantastic to see the incredibly talented music students who have thrived in the remote music classroom demonstrating their strong ICT capabilities and skills.

Our Year 8 Music students have shown dedication and creativity in researching a popular artist of their own choice, focusing on Australian bands and solo artists. They have been learning about the concepts

of music and listening skills this term. They have also demonstrated their strong ICT capabilities and skills in presenting very creative google docs and google slides on their favourite Australian popular Artist. Next term year 8s will also perfect their performance skills and learn to play the keyboard, guitar and drums or “virtual keyboard, guitar, drums” using garage band or the virtual keyboard app. They will also be creating rap songs in groups using the Bandlab music ICT software program.

Year 9 students have been busy learning about Baroque music and have completed some activities in performance, listening and composition in this style. They have been composing a Minuet for harpsichord / keyboard also, demonstrating their strong ICT capabilities and skills.

Year 10 music students have been learning about popular music and have mastered the ICT music software program “Bandlab”. They have created popular music pieces using loops, midi instruments including live improvisation over the top of their loops. They have been practicing their popular music / own choice performance pieces and they have uploaded some musical and stylish performance pieces to google classroom. A year 10 student Elie Sleiman has also been composing music on the internet using the program F L studio. He is a talented musician playing drums in the band and is becoming famous, selling his compositions on the internet. Well done Elie!

We will be showcasing some of their performance works and amazing compositions in the virtual “EXPO” concert in November.

Mrs Therese Jackson and Mr Claudio Valenti

Secondary Music Teachers

Year 6H

Year 6H were inspired by the athletes who participated in the Paralympics.

[Acrostic_Poem_Mia_Sarkis.pdf](https://stcharbel.schoolzineplus.com/_file/media/915/acrostic_poem_mia_sarkis.pdf)
https://stcharbel.schoolzineplus.com/_file/media/915/acrostic_poem_mia_sarkis.pdf

[Jad_Paralympics_Acrostic_Poem.pdf](https://stcharbel.schoolzineplus.com/_file/media/916/jad_paralympics_acrostic_poem.pdf)
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[Paralympics_Acrostic_Poem_by_Peter.pdf](https://stcharbel.schoolzineplus.com/_file/media/921/paralympics_acrostic_poem_by_peter.pdf)
https://stcharbel.schoolzineplus.com/_file/media/921/paralympics_acrostic_poem_by_peter.pdf

Ms Marguerite Nassif

Year 6H Teacher

Year 4M

Students in Year 4M have embraced both Jersey Day and R U OK? Days!

Jersey Day and R U OK? Day



Mrs Rima Tahhan/Mrs Charlotte Soueif

Year 4M Teachers

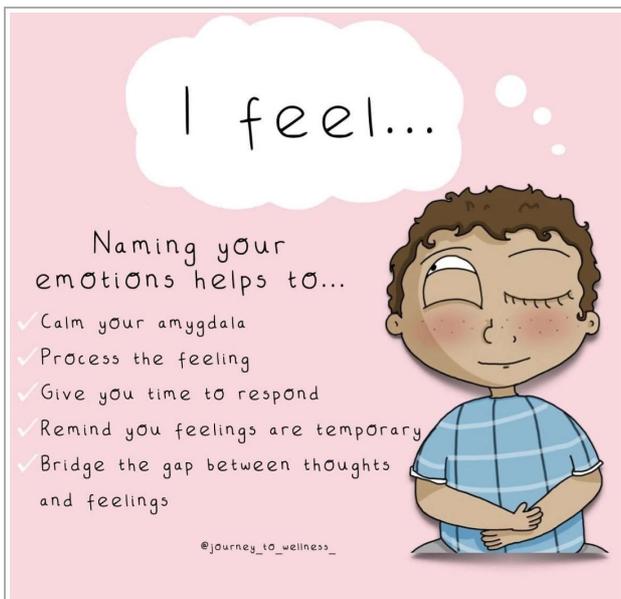
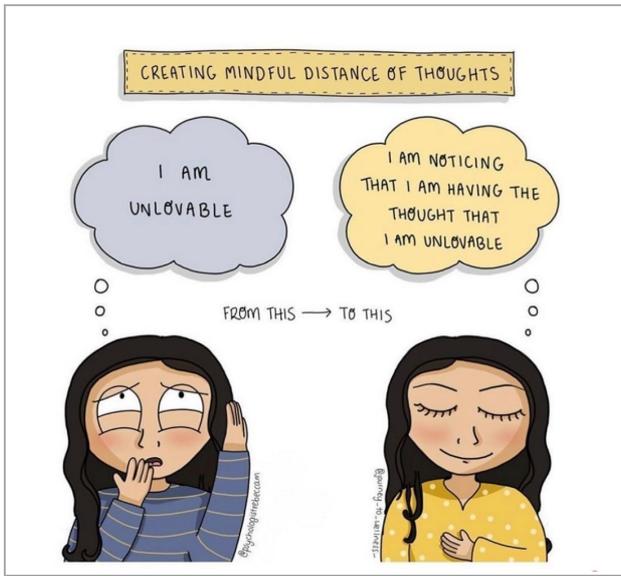
Year 3H

We've made it to the end of Term 3! In 3H, we have had so much fun dressing up in our favourite jerseys, we've stayed comfy in our pyjamas while still learning. In Maths, we made cool fraction artworks of our favourite animals. In Science, we've learnt to recycle our old clothing materials into something new!

3H



Counsellor's Corner - Name it to Tame it



Mrs Jennifer Harsch/Ms Helena Paras

Counsellors

Career News

Please navigate through the College's webpage to explore Career options with your children. Please feel free to contact me via the school office or email if there are any Careers related issues you would like to discuss.

How to become a Pharmacist

Be a beacon of the community

What do Pharmacists do?

A Pharmacist's job is to prep and provide over-the-counter drugs and fill prescriptions, provide advice about the best medications and treatments for minor ailments, as well as how to safely take medicines.

If you pay attention to detail, have great communication skills and a caring personality, this could be an excellent career to consider.

About you:

- A problem-solving guru
- Meticulous and thorough
- Approachable and trustworthy
- Great team worker
- Empathetic and understanding
- Excellent time management skills
- Can multitask effectively
- Fantastic people skills

The job:

- Receiving, checking and filling prescriptions
- Advising patients on dosage, side effects and other important information
- Determining appropriate medication for a patient's situation
- Partaking in ongoing care and monitoring of patients
- Supervising Pharmacy Technicians and Assistants
- Conducting research into the development of new medicines
- Working with other professionals to refine manufacturing techniques
- Developing standards for medicine used in pharmaceuticals

How to become a Pharmacist in Australia

You will need to complete a minimum Bachelor-level degree and register with the Pharmacy Board of Australia in order to work as a Pharmacist.

Step 1 – Complete Year 12 with a strong focus on English, Maths and Sciences.

Step 2 – Complete an approved undergraduate degree, usually a Bachelor of Pharmacy. You can see a full list of Ahpra approved programs of study here.

Step 3 – Apply for Provisional Registration with the Pharmacy Board of Australia. You will need to provide information such as completion of an approved course, criminal history check, and any relevant health impairments.

Step 4 – Complete 1,824 hours of approved supervised practise (an internship), and pass a Board registration examination. You can then apply for General Registration and start working as a fully qualified Pharmacist.

Step 5 – Reapply for registration every 12 months, which includes partaking in Continuing Professional Development (CPD) throughout your career.

Frequently Asked Questions (FAQs)

What do Pharmacists do?

Pharmacists help ensure the safe use of medicines in the community, by selecting and dispensing appropriate medications for a patient's needs. They may also be involved in the research, manufacturing, and testing of new medicines.

Which industries employ Pharmacists?

Pharmacists are usually employed in the Healthcare and Social Assistance industry.

What options are there for career progression?

You could start out working in a Pharmacy, and potentially move on to roles in research and manufacturing, as well as community education.

Do I need to go to university to become a Pharmacist?

Yes, you will need to complete an approved Bachelor- or Masters-level qualification, as well as an internship, before you can start working as a Pharmacist in Australia.

Where do Pharmacists work?

Pharmacists are needed all across Australia. They usually work indoors.

What are 3 things I can do right now to help me become a Pharmacist?

If you're in high school and you'd like to find out if a career as a Pharmacist is right for you, here's a few things you could do right now:

1. Get work experience in your local pharmacy, doctor's office or hospital. This is a great way to get experience in the industry and find out if this might be the right job for you.
2. Find volunteering opportunities to start building some essential skills, such as communication and problem solving, as well as getting to know your local community.
3. Start doing some research into the course you would like to study, and carefully consider the amount of work you will need to do before you can start practising.

Happy Careers Searching!

Mrs Dianna Chedid

Careers and VET Coordinator

Creative Kids Voucher

Creative_Kids_Voucher.pdf

https://stcharbel.schoolzineplus.com/_file/media/911/creative_kids_voucher.pdf

Library Corner

Trevor_NL.pdf

https://stcharbel.schoolzineplus.com/_file/media/913/trevor_nl.pdf



Mrs Simone Cullinan, Mrs Janet Galimi, Mrs Rima Wakim, Mrs Susie Yammouni and Mrs Mounira Akkari

Librarians

Term 4 Chess



Level 1 30A George St, Burwood 2134
Office: (02) 9745 1170

Chess classes @ St Charbel's College (Punchbowl) - Term 4, 2021

Due to the current COVID lockdown, we will be conducting our chess class online. When restrictions are lifted and children return to school, we intend to return to face to face coaching as soon as we are given the green light by the school.

Our online chess classes will be held before and after school Monday – Friday from 8:00am–9:00am, 3:15pm–4:15pm, 4:30pm–5:30pm and 5:00pm–6:00pm. Your child can attend as many of these online classes as he/she wishes until we return to face to face lessons. See the link on this page for more details:
<https://sydneyacademyofchess.com.au/online-classes-2021>

To register your child in the class, go to <https://sydneyacademyofchess.com.au/payment> and enter the following code:
GX8L39GZXF

Sydney Academy of Chess
info@sydneyacademyofchess.com.au

COVID-19:

Access the following link for the latest information on the COVID-19 situation in NSW:

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/case-definition.aspx>

Coronavirus (COVID-19)

COVID-19 Testing

Who should get tested?

Anyone with cold or flu-like symptoms, even if very mild, should get a COVID-19 test as soon as possible. COVID-19 symptoms include:

- fever e.g. chills, night sweats
- respiratory symptoms such as cough, sore/scratchy throat, runny nose, shortness of breath, loss of smell or taste
- other symptoms including muscle and joint pain, diarrhoea, nausea/ vomiting and loss of appetite.

What to expect when you get tested?

- Testing is free, easy and quick.
- If you have been referred to a testing clinic, please take your referral with you. This is not needed for most clinics.
- Staff at testing and respiratory clinics will be wearing masks, gowns, gloves and face shields.
- Staff will ask you about your symptoms
- Swabs are taken from inside your nose and your throat.

What happens after I get tested?

- You must stay at home (self-isolate) until you get your test result and are well.
- You cannot leave your home unless you are seeking medical care or in an emergency. You cannot have visitors.
- If your symptoms become serious (e.g. difficulty breathing), call Triple Zero (000). Tell the ambulance staff you have been tested for COVID-19.
- If you are sharing your home with others you should separate yourself in another room. Wear a surgical mask when you are in the same room and keep 1.5 metres away.

- Practice good hygiene. Wash your hands often. Cover your cough or sneeze with your elbow or a tissue.

Where can I get more information about self-isolating?

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/resources.aspx>

- If you have been in close contact with a person with COVID-19, you need to stay home for 14 days after you last saw that person. (Close contact includes living in the same household or spending more than 15 minutes face-to-face or 2 hours sharing a closed space, with someone with COVID-19, from 48 hours before they became ill).
- Home isolation applies to all close contacts, even if you are currently feeling well and or have received a negative test result.

How will I get my results?

- You will usually receive your test result within 24 to 48 hours but please allow up to 72 hours.
- If you had your test done at an Emergency Department or public hospital COVID-19 clinic you can receive your COVID-19 negative test result by SMS if you register for Pathology COVID-19 SMS Results Service. If you don't register you will receive a call from a Public Health officer at your Local Health District.
- If you had your test collected by your GP or at other sites, your doctor will give you your results.

What happens if I test positive?

- NSW Health will look after you. There will be no cost for your treatment, even if you don't have Medicare.

Coronavirus
(COVID-19)

GOOD HYGIENE IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.
For more information about **Coronavirus (COVID-19)** visit health.gov.au

HELP STOP THE SPREAD AND STAY HEALTHY

Australian Government

Authorised by the Australian Government, Canberra

Cleaning surfaces at home to help stop the spread of COVID-19

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

How to clean

Frequently touched surfaces	Less touched surfaces
<ul style="list-style-type: none"> • doorknobs • handles • light switches • phones • tablets • touch screens • tables • hard-backed chairs 	<ul style="list-style-type: none"> • remote controls • keyboards • desks • toilets • sinks/basins • car steering wheel • car seats
<ul style="list-style-type: none"> • floors • walls • ceilings • window blinds • curtains 	

Regularly clean with a household detergent followed by disinfectant, or use detergent/disinfectant wipes (scrub hard).

Clean using a household detergent or detergent wipes. Use a damp mop on hard floors. Clean walls and window blinds when visibly dusty or soiled. Curtains should be changed regularly and cleaned when soiled.

Detergent or disinfectant?
Detergents help remove germs, dirt, and impurities from surfaces but they do not kill germs. Disinfectants kill viruses and bacteria but don't remove them from a surface. Using a detergent then a disinfectant helps lower the risk of spreading infection.

If you have been outside
If you have to leave home, when you return:

- wash your hands as soon as you enter and after putting groceries or other items away. Wash your hands before you eat
- if you would feel better to do so, remove your shoes and clothing if you have been on public transport or in spaces where you weren't able to keep 1.5 metres from others
- wipe down your phone
- keep your keys in one place.

More information:
www.nsw.gov.au/covid-19

NSW GOVERNMENT

Hygiene advice for people living in residential buildings

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

Residents and common areas
People living in residential buildings should take care when moving through common areas to reduce the risk of COVID-19:

- Clean your hands with soap and water for 20 seconds or use an alcohol-based hand rub/sanitiser after touching any frequently touched surfaces in common areas. This includes doorknobs or door handles when you enter and exit the building or when using communal washing machines or dryers
- Cover your nose and mouth with a tissue when coughing and sneezing or use your elbow, not your hands
- Avoid close contact with people unwell with cold or flu-like symptoms
- Avoid touching your face and avoid shaking hands with others
- Try to maintain a distance of 1.5 metres from others as much as possible in your apartment block, such as in elevators, stairwells or hallways
- Do not gather in large groups in common areas such as rooftops or courtyards.

Cleaning guidance for NSW strata managers and body corporates

- Regularly clean frequently touched surfaces in common areas with a detergent followed by disinfectant, or use detergent/disinfectant wipes
- Consider providing adequate alcohol-based hand rub (sanitiser) for residents to use.

More information:
www.nsw.gov.au/covid-19

NSW GOVERNMENT

Upcoming Events:

Friday 17 September:
Last day of Term 3

Monday 4 October:
Public Holiday

Tuesday 5 October:
Students first day of Term 4