



142 Highclere Avenue
Punchbowl NSW 2196

Subscribe: <https://stcharbel.schoolzineplus.com/subscribe>

Email: info@stcharbel.nsw.edu.au
Phone: 02 9740 0999



Issue 10, Term 3, September 2020

Principal's Message

As the final days of Term 3 draws to a close, I would like to take this opportunity to acknowledge the tremendous work by many of our students, staff and parents in our College community.

On 14 September, we celebrated the feast of the Exaltation of the Holy Cross. This is a very significant event in the Maronite Calendar as the liturgy of the cross is a triumphant liturgy. In order to follow Christ we must take up His cross, follow Him and become obedient until death, even if it means death on the cross. We identify with Christ on the Cross and become co-redeemers, sharing in His cross.

Now more than ever during these troublesome times in our world, we are concerned for our children. During these uncertain times, we face the challenge of raising our children and concerned about what lies ahead for their future, with faith and God in our hearts we will strive to be stronger.

As a College, we are truly blessed with the support our families have shown towards our brothers and sisters struggling in Lebanon. Through the College fundraising initiatives our staff and together with the assistance of our students, we have been able to raise \$9,279.25 this amount will be sent to Lebanon to support those who are in most need through the Lebanese Maronite Order's helpers.

We are also thankful for our active P & F Committee for their tireless effort in the organisation of their fundraising event. On Thursday 24 September with the lucky winners will be announced and they will be able to collect their prizes on Friday 25 September, with a total of \$20,000.00 raised.

Monday 21 September our 2020 Year 12 students, together with their Teachers enjoyed a lovely day celebrating their last as students of St Charbel's

College. We are very proud of all our students and we will endeavour to keep them in our prayers as they prepare for their examinations of the Higher School Certificate. We wish them all the success that the future holds for them and pray that St Charbel will be their guide and protector in their life's journey.

I wish everybody a safe, enjoyable and blessed holiday.

Rev Fr Maroun Youssef

Principal

Director of Primary

As the weather is becoming hotter, students wearing the old school uniform have been allowed to change into the summer uniform, instead of waiting until Term 4. The school is allowing a transition period of a few weeks; however, all students must wear the summer uniform by the start of Week 3 in Term 4. Students wearing the new uniform can alternate between long and short sleeves, or trousers, at any time throughout the year. The new uniform was designed to be adaptable.

Lightweight cardigans are now available at Saouma's, ideal for the in between weather. Lightweight vests will be in stock in a few weeks.

COVID restrictions are still in place, with students regularly reminded to wash their hands and not share food or drink. Since students cannot drink from the school's bubblers, please ensure that your children are bringing water bottles to school every day. Some students are not bringing any water to school, which is distressing for them and a serious concern now the weather is warming up.

COVID restrictions also means that the Kindergarten 2021 Parent Information evening cannot take place on the school campus. A virtual meeting will be held on Tuesday 27th October at 6.00pm, with details to be sent home soon.

Kindergarten interviews were held earlier in the year. If parents were advised that their child was too young and it would be best if they waited a year before starting school, we ask that you respect our advice and don't enrol them in Kindergarten at a different school. History shows that parents who do this try to transfer their child across to St. Charbel's the following year. This is problematic for a few reasons: Year 1 might be full, and if not, the child is still very young for the grade, which can cause issues. Alternatively, if the parents request that their child repeats Kindergarten, experience has shown us that they become bored which affects their learning and can lead to bad behaviour. The staff know what is required of children at school, so even if they appear to be ready, please trust our professional advice.

As the term draws to a close I hope that God blesses you and your family with a happy and safe holiday.

Ms Maree Kelly

Director of Primary

Year 9 Coordinator

The Year 9 Cohort was proud to host a fundraising basketball event to raise funds for Lebanon in Week 9. It was such a pleasure to witness the cheerful and positive vibes during the basketball tournament that took place throughout the week. Congratulations to the teachers for winning the competition against the Year 7 & 9 team by 2 points, it was a tough game!

THANK YOU to all parents, teachers and staff members and who made this event possible. THANK YOU to the Year 9 cohort for their enthusiasm and positive attitude, a true reflection of our Maronite Values. Very pleased to announce that we were able to raise \$ 3500.15.

God bless our community.



Mrs Zeina Hitti

Year 9 Coordinator

Coordinator of Innovation & Enrichment K-10 ICAS 2020 Report

St Charbel's College has recently been in receipt of the results of UNSW Global Assessment ICAS 2020. I am pleased to report that our college has once again achieved some outstanding results across both the Primary and Secondary Schools.

The students' achievements below are worthy of a special mention.

ICAS ENGLISH 2020 – Achievement at the level of Distinction (top 11% of participants nationally)

Year 4 Daniel EL INATY

Year 5 Mia SARKIS

Year 7 Michael HWAYLO

Year 7 George KHACHAN

ICAS SCIENCE 2020 – Achievement at the level of Distinction (top 11% of participants nationally)

Year 4 Daniel EL INATY

Year 7 George KHACHAN

ICAS MATHEMATICS 2020 – Achievement at the level of Distinction (top 11 % of participants nationally)

Year 3 Marc AYOUB

Year 3 Wadih-Charbel GHOSAYN

Year 4 Carl ACCARI

Year 4 Daniel EL INATY

Year 4 Nicholas HWAYLO

Year 5 Elias ABI ABDALLAH

Year 7 Alex EL INATY

Year 8 Alannah CHIDIAC

Year 8 Jad HAIDAR

Congratulations to all our participants for their efforts. The Certificates of Achievement will be issued to students early in Term 4.

I would like to thank Primary class teachers, the Primary Learning Enrichment team and Secondary English, Science and Mathematics staff for their efforts with students. Finally, a special thank you to our parents and caregivers for their support of the Learning Enrichment Program.

Wishing you all a safe and restful Spring holiday break.

Ms Athena Conomos

Coordinator of Innovation and Enrichment K-10

Careers and VET Coordinator

The NSW Government requires that all persons entering a building site need to have completed a basic Work Health and Safety qualification, commonly known as the White Card.

This course delivers Workplace Health and Safety (WHS) induction training within the construction industry. It covers awareness of WHS legislative requirements, and the basic principles of risk management and prevention of injury and illness in the construction industry.

On Thursday 19th September, 20 students from Years 9 – 12 took part in the White Card Course at the College. Below is a recount from two students that completed the course.

As we were about to enter the room to do commence our Workplace Health and Safety (WHS) induction training, we were kind of nervous as we knew nothing. We hesitantly walked in and prepared for the course. Our instructor Ray introduced himself and started to explain the different terms and safety hazards. He then went on to explain the rules and regulations on a construction site. Overall this course was a fun experience and helped us learn things we didn't know. Ray also gave us handouts and guided us through the important information to ensure we were ready for the exam. Thanks to the instructor and the help of Mrs Chedid, we were able to complete the training of the White Card Course.

Paige Sarkis and Georgette Alam Year 9





Happy Careers Searching

Mrs Dianna Chedid

Careers and VET Coordinator

Secondary English Coordinator

Mrs. Fletcher's Advanced HSC English class spent their last English lesson creatively. They selected quotes from the poet they studied for Module B, David Malouf, and reflected these words in images. The students really enjoyed expressing themselves and their ideas in a different way, and hopefully this will make it even easier for them to remember their quotes for their HSC exams.



Mrs Jennifer Fletcher

Secondary English Coordinator

Year 12 English

With the help of Miss Maatouk and the art department, Miss Loulach's Year 12 Advanced English class developed their understanding of David Malouf's poetry through creating an artistic visual representation of their set poems for study. They enjoyed the experience and it was a memorable way to end their high school English journey.

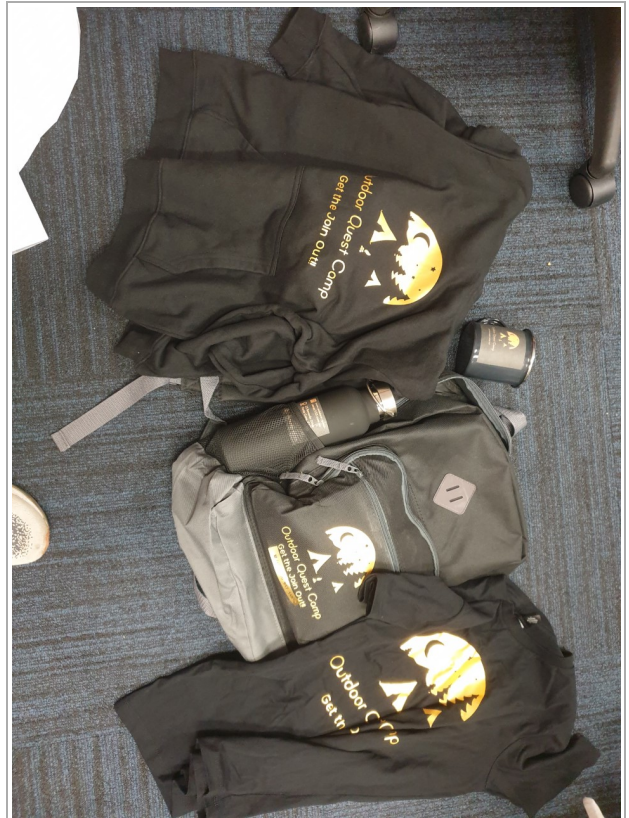


Miss Nancy Loulach

Secondary English Teacher

Secondary Writing Centre

The Writing Centre has continued to attract students interested in improving their grammar, expression and style in communicating. To keep Covid Safe, we have organised students to sit in year groupings. Over 50 students from across Years 7 to 12 have visited the Centre on a Tuesday afternoon this term, and have received writing tips and advice from the College's English teachers. Thanks to all for participating in the incremental, habitual work it takes to be a great writer.



Mrs Jennifer Fletcher

Secondary Writing Centre

Year 8 PDHPE

Year 8 had to design their own Outdoor Recreational business to enhance an individuals wellbeing and encourage them to join a community health group. Here are some of the amazing merchandise they created to advertise their company.

Miss Jenna Boulos

Year 8 PDHPE Teacher

Primary Arabic Coordinator

اقتربت نهاية الفصل الثالث، قام القسم الابتدائي بنشاطات وأعمال كثيرة. درس تلاميذ المرحلة الابتدائية المواضيع المتنوعة والمختلفة التي أهدتهم للتعرف على مفردات جديدة التي ستساعدهم على استعمال اللغة العربية في المحادثة، القراءة والكتابة

درس موضوع حيوانات المزرعة في صفوف الروضة

تعلم تلاميذ المرحلة الأولى عن حيوانات الغابة وعن "مكاني المفضل" حيث تحدثوا عن البحر والمطعم

أما في المرحلة الثانية، فكان الموضوع العام عن المحيط الذي نعيش فيه منه تم التعرف إلى الحديقة العامة وإلى المدينة وشوارعها

وأخيراً، وفي المرحلة الثالثة، تعلم التلاميذ عن موضوع كيفية طلب المساعدة، السفر والتعرف إلى المدن حول العالم



يوم الجمعة الماضي، أقيم قداس بمناسبة عيد الصليب ولأول مرة في هذه السنة، يحضر تلاميذ مرحلة صفوف الروضة القداس في الكنيسة. خدم صف الروضة القداس الإلهي. لاحظ الجميع سلوك الطلاب الجيد

Mrs Nada Kazzi

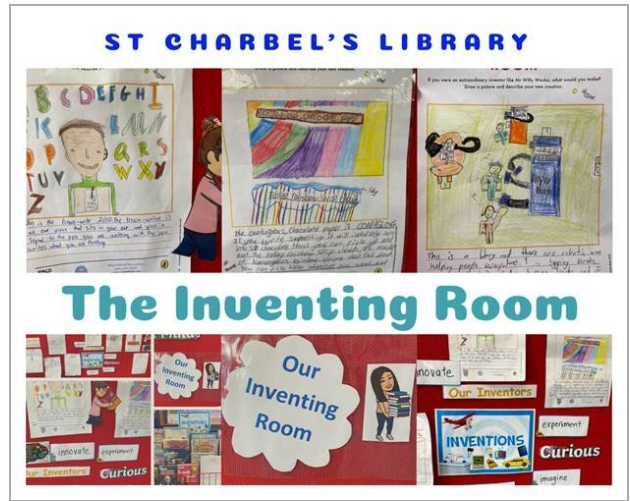
Primary Arabic Coordinator

Library News

Students enjoyed celebrating 'Roald Dahl Day' in the library. Charlie and the Chocolate Factory, written by Roald Dahl, inspired students to create their own inventions. These wonderful inventions include a brain writer, new gaming system and farming innovation!

We look forward to Book Week 2020 at the start of next term, with many exciting activities for students to participate in the library.

Did you know? The library has a webpage. Click on 'School Library' on the St. Charbel's College webpage (near email and google classroom quick links).



Mrs Janet Galimi

Librarian

Counsellor's Corner

Safety Tips for Social media

Social media usage is ever-present among teens. Children spend an enormous amount of time on social media, e.g. Facebook, Instagram, tiktok and snapchat.

A recent survey from Harvard University showed that 8 to 12 year-olds were online six hours per day, and 13 to 18 year-olds a whopping nine hours!

Even though most social media platforms require users to be 13 years of age to sign up, 68% of parents surveyed had helped younger children set up an account.

Social media can be particularly addictive for tweens and teens. It opens the door to a variety of different issues, like cyberbullying, inappropriate sharing and advances from predators.

Access to social media is also central to teens' developing social identity. It's the way that they connect to their friends and it can be a useful way to communicate. The key is to set boundaries so that it remains a positive experience by doing the following:

- Enforce a safe environment
- Do not let your kids on social media until they're old enough
- Keep electronic devices in a public location
- Limit the amount of time spent on social media
- Monitor your child's online activity

Safety Tips for Social Media

- 1 Discuss the pressure of sharing**
Talk to your kids about the value of privacy and making their own choices.
- 2 Tell them to think before they post**
Removing something on social media doesn't mean it's gone forever.
- 3 Talk about stranger danger**
Predators use the social media to track and contact children of all ages. It's important to know who they're talking to and/or adding as a friend.

Create a Safe Environment



Allow your child access only to age appropriate platforms



Monitor your kid's time spent browsing and chatting



Block location access on all social media apps



Adjust settings to make their account as private as possible

St Charbel's Basketball Club



St. Charbel's Basketball Club Inc. is a new club that currently has 10 teams playing in the local Bankstown Basketball Association competition. Registration is currently open for the upcoming Summer 20/21 season commencing in October.

If your son or daughter is interested in playing basketball, please contact us within the next few weeks to avoid disappointment as our Summer 20/21 teams are filling up quickly. Whether they have an already established team that is interested in playing for our club or they are a player looking for a team we would love to have them join our basketball community! We welcome all abilities from beginner through to advanced and the competition is open to girls and boys from 10 years of age.

As a club our aim is to encourage children and teenagers from our local community to get involved in a team sport, consider the fitness benefits of sport as a way of life and to also to bring our community together. St. Charbel's Basketball Club is a Not-For-Profit Club that is made up of players from our local community and is run by a committee of volunteers.

Please support us by liking and sharing our Facebook page
 [St. Charbel's Basketball Club](#)

Club President: Kylie Alam – 0410 558 516
Club Secretary: Suzie Dib – 0402 697 722



Mrs Jennifer Harsch/Mrs Emily Sheahan

Counsellors

Canterbury_Bankstown_October_School_Holiday_Program.pdf
https://stcharbel.schoolzineplus.com/_file/media/141/canterbury_bankstown_october_school_holiday_program.pdf

College Office during the Holidays

The Administration Office will be closed from Monday 28 September to Wednesday 7 October.

The Finance Office will remain open over the holiday break

Any enquiries, please feel free to contact the College on 9740 0999.

Chess!



Level 1 30A George St, Burwood 2134
 Office: (02) 9745 1170

CHESS!!

Learn to be a chess champion! Coaching for students at St Charbel's College (Punchbowl) is held on Fridays from 1:25pm to 2:05pm, starting on 24 July 2020.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email enrol@sydneyacademyofchess.com.au for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.

Keyboard Lessons at the College

[keyboard_lesson_ad.pdf](#)

https://stcharbel.schoolzineplus.com/_file/media/23/keyboard_lesson_ad.pdf

COVID-19:

Access the following link for the latest information on the COVID-19 situation in NSW:

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/case-definition.aspx>

Coronavirus (COVID-19)

COVID-19 Testing

Who should get tested?

Anyone with cold or flu-like symptoms, even if very mild, should get a COVID-19 test as soon as possible. COVID-19 symptoms include:

- fever e.g. chills, night sweats
- respiratory symptoms such as cough, sore/scratchy throat, runny nose, shortness of breath, loss of smell or taste
- other symptoms including muscle and joint pain, diarrhoea, nausea/ vomiting and loss of appetite.

What to expect when you get tested?

- Testing is free, easy and quick.
- If you have been referred to a testing clinic, please take your referral with you. This is not needed for most clinics.
- Staff at testing and respiratory clinics will be wearing masks, gowns, gloves and face shields.
- Staff will ask you about your symptoms
- Swabs are taken from inside your nose and your throat.

What happens after I get tested?

- You must stay at home (self-isolate) until you get your test result and are well.
- You cannot leave your home unless you are seeking medical care or in an emergency. You cannot have visitors.
- If your symptoms become serious (e.g. difficulty breathing), call Triple Zero (000). Tell the ambulance staff you have been tested for COVID-19.
- If you are sharing your home with others you should separate yourself in another room. Wear a surgical mask when you are in the same room and keep 1.5 metres away.

Where can I get more information about self-isolating?

<https://www.health.nsw.gov.au/infectious/covid-19/Pages/resources.aspx>

- If you have been in close contact with a person with COVID-19, you need to stay home for 14 days after you last saw that person. (Close contact includes living in the same household or spending more than 15 minutes face-to-face or 2 hours sharing a closed space, with someone with COVID-19, from 48 hours before they became ill).
- Home isolation applies to all close contacts, even if you are currently feeling well and or have received a negative test result.

How will I get my results?

- You will usually receive your test result within 24 to 48 hours but please allow up to 72 hours.
- If you had your test done at an Emergency Department or public hospital COVID-19 clinic you can receive your COVID-19 negative test result by SMS if you register for Pathology COVID-19 SMS Results Service. If you don't register you will receive a call from a Public Health officer at your Local Health District.
- If you had your test collected by your GP or at other sites, your doctor will give you your results.

What happens if I test positive?

- NSW Health will look after you. There will be no cost for your treatment, even if you don't have Medicare.



Hygiene advice for people living in residential buildings

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days.

This may vary based on the temperature, humidity and type of surface.

Residents and common areas

People living in residential buildings should take care when moving through common areas to reduce the risk of COVID-19:

- Clean your hands with soap and water for 20 seconds or use an alcohol-based hand rub/sanitiser after touching any frequently touched surfaces in common areas. This includes doorknobs or door handles when you enter and exit the building or when using communal washing machines or dryers
- Cover your nose and mouth with a tissue when coughing and sneezing or use your elbow, not your hands
- Avoid close contact with people unwell with cold or flu-like symptoms
- Avoid touching your face and avoid shaking hands with others
- Try to maintain a distance of 1.5 metres from others as much as possible in your apartment block, such as in elevators, stairwells or hallways
- Do not gather in large groups in common areas such as rooftops or courtyards.

Cleaning guidance for NSW strata managers and body corporates

- Regularly clean frequently touched surfaces in common areas with a detergent followed by disinfectant, or use detergent/disinfectant wipes
- Consider providing adequate alcohol-based hand rub (sanitiser) for residents to use.



More information:
www.nsw.gov.au/covid-19

GOOD HYGIENE IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

For more information about Coronavirus (COVID-19) visit health.gov.au

HELP STOP THE SPREAD AND STAY HEALTHY



Authorised by the Australian Government, Canberra

Cleaning surfaces at home to help stop the spread of COVID-19

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

How to clean

Frequently touched surfaces	Less touched surfaces
<ul style="list-style-type: none"> • doorknobs • handles • light switches • phones • tablets • touch screens • tables • hard-backed chairs 	<ul style="list-style-type: none"> • remote controls • keyboards • desks • toilets • sinks/basins • car steering wheel • car seats

Regularly clean with a household detergent followed by disinfectant, or use detergent/disinfectant wipes (scrub hard).

Clean using a household detergent or detergent wipes. Use a damp mop on hard floors. Clean walls and window blinds when visibly dusty or soiled. Curtains should be changed regularly and cleaned when soiled.

Detergent or disinfectant?

Detergents help remove germs, dirt, and impurities from surfaces but they do not kill germs. Disinfectants kill viruses and bacteria but don't remove them from a surface. Using a detergent then a disinfectant helps lower the risk of spreading infection.

If you have been outside

If you have to leave home, when you return:

- wash your hands as soon as you enter and after putting groceries or other items away. Wash your hands before you eat
- if you would feel better to do so, remove your shoes and clothing if you have been on public transport or in spaces where you weren't able to keep 1.5 metres from others
- wipe down your phone
- keep your keys in one place.



More information:
www.nsw.gov.au/covid-19

Upcoming Events:

Friday 25 September:

Last Day of Term 3

Monday 12 October:

First Day of Term 4